SUNY POLYTECHNIC INSTITUTE

Health Forms and Physical Exam

Due by: August 1st for Fall Admission, January 1st for Spring Admission

Name:_____

Please check one:	Year	Check & fill out all that apply:
☐ Fall Semester		Athlete: ☐ Yes or ☐ No Sport:
☐ Spring Semester		International Student ☐ Yes or ☐ No Nursing Student ☐ Yes or ☐ No
☐ First Year ☐ Sophomore ☐ Junior Senior Graduate Major: _____		

Welcome to SUNY Polytechnic Institute.

Information is **CONFIDENTIAL**; it will not be released without authorization.

Completed Health Form, Immunization Record and Physical Exam should be **submitted through the Wildcat Wellness student portal: myhealth.sunypoly.edu**

For questions, please call 315-792-7172 **or email wellnesscenter@sunypoly.edu**

- According to NYS Public Health law, all students registered for 6 or more credits must provide the following (unless 100% online commuter student).
  - Proof of immunity to measles, mumps, and rubella.
  - Either receive or decline Meningitis vaccine (within the last 5 years).
  - Physical exam completed by Medical Provider within the last 2 years (12 credits or more, or to utilize Wellness Center services). **Please note you may submit a copy of a physical with full review of systems from your provider (in leiu of page 4).**
- **Attention Student Athletes**: Must have a physical exam within 6 months of their sport start date; including non-traditional season. Contact respective departments with questions.
- **Health Insurance:** All students are recommended to have health insurance coverage. Student athletes and Nursing students are required to have health insurance.
- **Students under 18 MUST HAVE A PARENT/GUARDIAN SIGNATURE ON PAGE 2**

Student's Required Personal Information			
SUNY Poly ID#: U	Birth Date (MM-DD-YY): _____-_____ -_____		
Last Name:	First Name:		MI:
Known as:	Pronouns:		
Cell Phone:	Sex assigned at birth: ☐ Male ☐ Female Gender:		
Address:	City:	State:	ZC:

Emergency Contact Information	
Name:	Name:
Relationship:	Relationship:
Phone Number:	Phone Number:

Authorization To Provide Medical Care & Release Information

All registered students AND parent/guardian of students under 18 years of age MUST sign. I hereby give permission to the SUNY Poly medical staff to examine and treat (Student's name) _____ for all medical problems/injuries while at SUNY Poly. In the event of time restraints or that I cannot be reached, I hereby give permission for the Wellness Center Staff to secure consultative care that may include hospitalization, anesthesia, surgery and/ or other medical treatment. I understand I have the right to revoke this consent at any time.

Athletes: I hereby give permission to both the SUNY Poly Wellness Center and Athletics to share pertinent health information between each other for participation in intercollegiate sports.

Health Professions: I hereby give permission to the SUNY Poly Wellness Center and School of Nursing to share pertinent health information between each other for clinical activity.

☐ I, student or parent/guardian listed below, agree and understand that by signing that all electronic signatures are the legal equivalent of my handwritten signature.

_____ _____

Student Signature (if 18 years or older) ***Date*** ***Parent/Guardian Signature (if student under 18 years)*** ***Date***

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Mandatory Health Update Form: Section to be completed by student

Completion of this form helps us to better understand your medical/mental health background to better serve you when utilizing the Wellness Center services.

Student Name:		**Date of Birth:**
1.	☐ Yes ☐ No	Do you have any drug allergies? **Specify:**
Reactions:		
2.	☐ Yes ☐ No	Do you have any allergies to insect stings, foods, latex, or others?
Specify:		
3.	☐ Yes ☐ No	Do you have any family history of medically unexplained or cardiac-caused sudden death under the age of 50?
Explain:		
4.	☐ Yes ☐ No	Do you have asthma? Please list medications taken for this condition.
List Meds:		
5.	☐ Yes ☐ No	Do you have diabetes? Please list medications you are taking for this condition.
List Meds:		
6.	☐ Yes ☐ No	Do you have hypoglycemia (low blood sugar)?
7.	☐ Yes ☐ No	Do you have any loss of paired-organ function (eye, kidney, and testicle)?
8.	☐ Yes ☐ No	Have you had a previous concussion or loss of consciousness?
Explain:		
9.	☐ Yes ☐ No	Have you ever fainted (syncope) or had near syncope with exercise?
10.	☐ Yes ☐ No	Have you ever had symptoms of exercised-induced bronchospasm?
11.	☐ Yes ☐ No	Have you ever had an incident of heart-related illness?
12.	☐ Yes ☐ No	Have you had any operation(s)? Is so, please list type(s) and date(s)
List:		
13.	☐ Yes ☐ No	Have you had any serious illnesses in the past? If so, please explain.
Explain:		
14.	☐ Yes ☐ No	Have you been hospitalized in the last five years? If so, please explain.
Explain:		
15.	☐ Yes ☐ No	Are you currently being treated for any medical illnesses or mental health issues (ie. anxiety, depression, ADHD/ADD, etc.)
Please list what you are being treated for:		

Please list all medications that you are currently taking:	
1.	4.
2.	5.
3.	6.

☐ I, student or parent/guardian listed below, agree and understand that by signing that all electronic signatures are the legal equivalent of my handwritten signature.

Student Signature: _____ **Date:** _____

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Mandatory Physical Exam: completed by Medical Provider

Name:				**DOB:**	
EXAM DATE:	Height:	Weight:	B/P:	P:	BMI:

No.	√ Check = Normal Circle = N/A Blank = Not Examined		Note Variances, Abnormal or Significant Findings
1.	☐	**General**: Healthy appearing, in no acute distress	
2.	☐	**Skin**: Warm, dry with no discoloration, rash or lesions	
3.	☐	**Head/Face**: Normocephalic. Normal hair growth	
4.	☐	**Eye**: Sclera white. PERRLA.	
5.	☐	**Nose/Sinuses**: Sinuses non-tender to palpation, nares	
6.	☐	**Ears**: No pain when helix pulled. External canal normal. TM with light reflex and landmarks present without erythema, injection, bulging, fluid, retraction, perforation or drainage. No hearing loss.	
7.	☐	**Pharynx**: Good dental hygiene. No tonsillar hypertrophy. No erythema, swelling, injection, exudate or lesions of palate/pharynx. Uvula midline.	
8.	☐	**Neck**: Supple with full ROM. No cervical adenopathy. No thyromegaly.	
9.	☐	**Respiratory:** Respirations easy and non-labored. Aerates all lobes well. Lungs clear to auscultation and percussion. No pleural rub heard.	
10.	☐	**Cardiovascular**: Regular S1, S2 without murmur, gallop or run. No peripheral edema.	
11.	☐	**Abdomen**: Soft, non-distended with active bowel sounds x 4. No hepatosplenomegaly. No abdominal guarding, rigidity, tenderness or masses on palpation. No CVA tenderness.	
12.	☐	**Musculoskeletal**: Extremities with full ROM, no varicosities.	
13.	☐	**Neurologic**: Oriented x 3. Cranial nerves II-XII intact.	
14.	☐	**Breast**: Symmetrical, no masses/lumps, no dimpling, no palpable nodes, no nipple discharge, no retraction, no tenderness, BSE discussed.	
15.	☐	**Genitourinary**: External genitalia and hair distribution WNL, inguinal nodes WNL, no urethral lesions or tenderness.	

List all Current Medications

1.	**2.**	**3.**	**4.**

☐ Yes ☐ No	Any pertinent physical findings (e.g. heart murmur, etc.)	**Specify:**
☐ Yes ☐ No	Any recommendations for limitation of physical activity?	**Specify:**
☐ Yes ☐ No	Is this individual under care for a chronic condition or serious illness?	If yes, attach letter of recommendations.
☐ Yes ☐ No	Any recommendations for special dietary requirements?	**Specify:**
☐ Yes ☐ No	Any recommendations for special housing considerations?	**Specify:**

☐ **Unrestricted athletic participation**	☐ **Conditional athletic participation**	☐ **No participation**
☐ **Unrestricted nursing student/health care provider participation**	☐ **Conditional nursing student/health care provider participation**	☐ **No participation**

List further medical evaluation need before participation is allowed.

Provider's Signature

Physician Name (Signature):	**Date:**
Address:	**City/State, ZC:**
Telephone:	**Fax:**