



SUNY POLY

Drug-Free Schools and Campuses Regulations

[Edgar Part 86]

Biennial Review

Academic Years 2022 -2024

Submitted by:

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On behalf of The SUNY Poly Alcohol and Other Drug
(AOD) Prevention Task Force

December 31, 2024

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Introduction to SUNY Polytechnic Institute

SUNY Polytechnic Institute (SUNY Poly) is forging a path to become New York State's and the nation's premier public polytechnic institution. With a strong focus on innovation and academic excellence, SUNY Poly offers a diverse array of undergraduate and graduate degree programs through its four colleges: Arts & Sciences, Business, Engineering, and Health Sciences. These programs span disciplines such as engineering, cybersecurity, computer science, and engineering technologies; professional studies, including business, communication, and nursing; and arts and sciences, encompassing biology, game design, mathematics, and social sciences. Located in Utica, the university provides a student-centered educational environment that fosters academic growth and career readiness.

Established in 1966 as the Upper Division College at Herkimer/Rome/Utica, SUNY Poly has grown into an innovative academic leader and a key economic driver in the Mohawk Valley region and beyond. The institution remains deeply committed to supporting its approximately 3,300 students, two-thirds of whom are undergraduates. SUNY Poly's student body is predominantly from New York State, with about 97% of undergraduates and 80% of graduate students hailing from within the state. Additionally, the university boasts a vibrant international community, with roughly 12% of its students representing approximately 20 countries.

In addition to its robust academic programs, SUNY Poly offers a wide range of programs, services, and experiences through its Student Affairs and student support areas. These initiatives are designed to enhance students' development intellectually, socially, emotionally, and physically, fostering a holistic and enriching college experience.

Overview of the Drug and Alcohol Abuse Prevention Program (DAAPP)

The Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments require SUNY Polytechnic Institute (SUNY Poly) to adopt, implement and offer a Drug and Alcohol Abuse Prevention Program (DAAPP) to prevent the unlawful manufacture, distribution, dispensation, possession, or use of illegal drugs or alcohol by students and employees on SUNY Poly property, in SUNY Poly facilities, or at SUNY Poly activities or events.

SUNY Poly and the Alcohol and Other Drug (AOD) Prevention Task Force contributes to student and employee health and wellness, success, retention, and student graduation rates through the implementation of a comprehensive campus DAAPP. The DAAPP includes educational, prevention-focused and therapeutic interventions and notice of policies, sanctioning and environmental strategies. The AOD Prevention Task Force completes the

Biennial Review, distributes notice of policies, and implements evidence-based programs/strategies to prevent and reduce high risk drinking, illegal drug use, e-cigarettes/vaping and other associated high-risk behaviors.

SUNY Poly strives to provide a supportive and health-promoting normative educational environment for all students, faculty and staff. To minimize the significant negative impact alcohol and other drugs have on educational, career and personal pursuits, we commit to policies, practices and opportunities that foster a supportive and positive campus environment. Our Biennial Review process affords us the opportunity to review the effectiveness of our policies, programs and practices. As a result, we can continue our effective efforts and refine and establish new practices for the future.

The DAAPP at SUNY Polytechnic Institute focuses on cultivating a culture of collective responsibility for the prevention of alcohol and other drug (AOD) use and abuse among members of the campus community and includes environmental approach strategies. One component of AOD prevention includes a focus on alcohol/substance free event promotion, strict enforcement of standards of conduct, protective factors and healthy lifestyle choices such as stress management, coping skills, healthy relationships, and feeling a sense of belonging at Poly. Student engagement and involvement is also a critical component for AOD prevention and Poly encourages, supports and provides students with alcohol-free social and extracurricular opportunities to get involved on campus. Another component focuses on reducing or eliminating AOD associated harm and high-risk behaviors such as drinking and driving, binge drinking, drinking games, the misuse of prescription drugs and illegal drug use. This is addressed through educational programs and training, flyers distributed in bathrooms campus-wide, social media outlets and distribution of campus and community resources. Reducing recidivism is a focus of the DAAPP and is targeted by requiring students with an AOD conduct violation to complete a sanctioned education session with the Wellness Center while being placed on probation. SUNY Poly consistently enforces the AOD Policy and state, federal and local laws for faculty, staff and students of the institution. Poly provides a welcoming and supportive environment for students in recovery through services provided by the Wellness Center: Health & Counseling services. The DAAPP at SUNY Poly also prohibits AOD marketing and promotion on campus through university policy.

Program Mission

SUNY Poly and the AOD Prevention Task Force will develop, implement, evaluate and improve the comprehensive DAAPP plan for the prevention of high-risk behaviors including underage drinking, and substance use and abuse. The AOD Prevention Task Force will keep abreast of current trends and evidence-based strategies and will continue to improve the Institution's policies, educational opportunities, sanctioning, and intervention, treatment and referral plans. SUNY Poly will continue to raise campus awareness of the DAAPP and provide education and training to promote positive, low risk behaviors among students, staff and faculty and strive to decrease high-risk behaviors and activities.

Biennial Review Process

This report is the Biennial Review for the Fall 2022-Fall 2024 semester time frame, to certify that SUNY Poly has developed policies, programs, and initiatives to prevent and/or reduce the use of alcohol and other drugs among its student and employee populations. This report also certifies that SUNY Poly has evaluated the effectiveness of the policies and programs and has implemented changes as necessary. Biennial reviews will continue to be completed by the College Alcohol and other Drugs (AOD) Prevention Task Force in even numbered years (for the two prior academic years) and will be on file in the Offices of The President, Human Resources, University Police, The Wellness Center, Financial Aid and the Vice President for Student Affairs.

The current and past Biennial Reviews are available on the SUNY Poly website at <https://sunypoly.edu/student-life/student-resources/wellness-center/alcohol-and-substance-abuse.html>. Biennial reviews are maintained in the institutional records for at least seven years.

The AOD Prevention Task Force members include:

- ☐ Marybeth Lyons, Vice President for Student Affairs (Fall 2022-Fall 2023)
- ☐ Jennifer Adams, Asst. Vice President for Student Affairs and Dean of Students (Fall 2022-Fall 2023), Vice President for Student Affairs and Dean of Students (Spring 2024-Fall 2024)
- ☐ Gary Bean, Chief of University Police
- ☐ Megan Lennon, Director of Community Standards and Leadership Development (Fall 2022-Fall 2023)
- ☐ Brittany Morawiec, Director of Residential Life and Housing/Interim Conduct Officer (Spring 2024-Fall 2024)

- ☐ Stacey Genther, Wellness Center, Director of Wellness Center Services
- ☐ Leiska Omerspahic, Wellness Promotion Coordinator (Fall 2023-Fall 2024)
- ☐ Michele Kilburn, Chief Human Resources Officer (Spring 2024-Fall 2024)
- ☐ Carla Sinisgalli, Assistant Director for Recruitment and Employee Relations (Fall 2022-Spring 2024)
- ☐ Michael Alsheimer, Director of Financial Aid
- ☐ Jennifer George, Care Team Case Manager (Fall 2022-Spring 2024) and Assistant Dean of Students (Fall 2024)
- ☐ Kelly Colbert, Assistant Athletic Director/Compliance Officer/Academic Success Coordinator/SWA
- ☐ Kathie Artigiani, Title IX Coordinator (Fall 2024)
- ☐ Krystyna deJacq, Assistant Professor of Nursing (Spring 2024-Fall 2024)
- ☐ Bailey Wadsworth, Graduate Student (Spring 2024-Fall 2024)

Annual Policy Notification Process

The Annual Notice is part of the Drug-Free Schools and Communities Act and is a notification distributed to every registered student and employee through university e-mail that includes the Policy on Drugs and Alcohol. The Annual Notice is sent to all registered students via the Office of the Vice President for Student Affairs and is sent to all faculty and staff through the Human Resources Office. The policy is distributed to students approximately 30 days after the start of the semester, spring, summer, and fall, after which no further student enrollment would occur and to ensure that every student receives this policy at minimum annually. New employees will first receive the policy in their notice of employee orientation and annually thereafter. An acknowledgement of receipt is signed during this onboarding process and tracked by the Office of Human Resources. The Annual Notice/Policy on Drugs and Alcohol is provided in full, included in the body of the email. For students, Mailchimp is used for this direct email distribution process to provide reasonable assurance of individual receipt.

The Policy on Drugs and Alcohol is also referenced in the SUNY Polytechnic Student Handbook. All students attest to their acknowledgement of their rights and obligations under the Student Handbook prior to registration every semester for the duration of their enrollment at SUNY Poly.

To View SUNY Polytechnic Institute's Policy, please visit:

<https://www.sunypoly.edu/sites/default/files/AOD%20Policy%20Fall%20122024.pdf>

The Annual Notice was distributed on the following dates:

- ☐ Fall 2022- to students on September 6, 2022. Employees on December 21, 2022.
- ☐ Spring 2023- to students on February 20, 2023.
- ☐ Summer 2023- to students on June 26, 2023.
- ☐ Fall 2023- to students on September 25, 2023. Employees on September 5, 2023.
- ☐ Spring 2024- to students on February 2, 2024. Employees on February 20, 2024.
- ☐ Summer 2024- to students on June 20, 2024.
- ☐ Fall 2024- to students on September 23, 2024. **Plan to distribute to employees on or before Feb 19, 2025.*

The Annual Notice includes:

- Written standards of conduct: prohibiting unlawful possession, use, and distribution on institutional property or as part of institutional activities;
- Description of legal sanctions, health risks, and alcohol/drug resources including counseling, treatment, and rehabilitation programs for both students and employees;
- Statement of institutional sanctions for both students and employees.

The Annual Notice/Policy on Drugs and Alcohol is also published and accessible on the following SUNY Poly websites:

Community Standards: <https://sunypoly.edu/student-life/community-standards.html>,
<https://sunypoly.edu/student-conduct/good-samaritan-policy.html>

Human Resources: <https://sunypoly.edu/contact/offices/human-resources/policies-procedures/alcohol-substance-procedure.html>

Student Affairs: <https://sunypoly.edu/student-affairs.html>

University Police: <https://sunypoly.edu/university-police/biennial-reviews-and-policy-drugs-and-alcohol.html>

Wellness Center: <https://sunypoly.edu/student-life/student-resources/wellness-center/alcohol-and-substance-abuse.html>

2022-2024 Program Recommendations Review

(Bold designates previous Biennial Review recommendation with review response underneath)

1. As COVID19 related management decreases, ensure that AOD prevention, including regular ongoing work of the AOD Task Force is prioritized. Ensure that tasks specific to AOD, such as; distributing policy, task force meetings, events, meeting previous AOD goals and recommendations are reinforced with both new and continuing employees.

From the AOD Prevention Task Force, three sub-committees were formed to focus on goals and recommendations including: AOD Education and Partnership Expansion, Campus Policies, and Employee AOD/Human Resources. The Wellness Promotion Coordinator led the Task Force on the goals and recommendations. Challenges and changes during this review period included high employee turnover within the task force, extended position vacancies, and an interim President and Vice President for Student Affairs. Permanent hires of the President, Vice President for Student Affairs and Vice President for Human Resources were made near the mid to end stages of this review period.

2. Identify a full-time faculty member and a student to serve on the committee. Consider adding additional committee members who show an active interest in AOD programming and prevention. It is desirable for this expansion of the team to include off campus community partners to establish a stronger campus/community partnership.

A Faculty member from the School of Nursing was added to the AOD Prevention Task Force. A graduate student was added in Spring 2024 and the task force also partnered with BRIDGES Tobacco Prevention Program (BTPP) to strengthen a community partnership. Funded by the New York State Department of Health Bureau of Tobacco Control (BTC). BTPP is made up of two main components, Community Engagement and Reality Check.

3. Gain support for the AOD Prevention Task Force to proactively create policy and review for any future requests for events on and off site that include alcohol.

On campus events with alcohol were not permitted by any events hosted by the Center for Student Involvement in these review years. Key stakeholders and members of the Task Force created a draft Tailgating Policy in Fall 2024 which is currently under review for approval in 2025.

4. Clarify and reinforce task force members' responsibilities as they relate to regularly attending to the team's goals. While Poly has sufficient staff with alcohol and

other drug expertise, their position descriptions lack the intentional assignment to contribute to AOD related work.

Staff members with job functions specific to the work of the AOD Task Force have membership written into their performance programs. These employees include; Director of Wellness Services, Wellness Promotion Coordinator, Associate Dean of Students (Chief Conduct Officer), Director of Student Involvement, Director of Residential Life. The Vice for Student Affairs and Vice President for Human Resources have broad and direct responsibility for the ongoing function and performance of the task force. Supervisors of other employees who serve on the task force are strongly encouraged to note service to the AOD Task Force in the University Service section of the performance program.

5. Create a plan to ensure funding dedicated to AOD prevention activities and educational programming are utilized in full. Look for future grants and on-campus sponsorship to apply for within the next two-year period.

Funding was secured for campus AOD prevention from the Office of Residential Life and Housing for this entire review period. The funding supported the online education and intervention training programs through eTIPS University and eCHECKUPTOGO through 3rd Millennial Classrooms. Funding from Auxiliary Services was applied for, received and utilized during the 2022-2023 academic year. Funding by Auxiliary Services was minimally available for 2023-2024 due to budget cuts.

6. Work with the HR AOD representative and HR Vice President to update and clearly define the Employee AOD policy regarding the use of prescription medications including opioid use as prescribed by a medical provider.

There was ongoing discussion regarding ideal employee resources at the AOD Prevention Task Force meetings, however, due to high turnover in the Human Resources department at all levels and changes in the SUNY Poly legal team, this item was not completed during the program period. This item will be revisited again in the 2024-2026 review period to better define and provide additional clarification and education for employees in this area.

7. Notice of the support that is offered to employees via EAP should be prominently located on the Human Resources main page. There should be a clearly identified point person trained and options for an employee to understand why EAP resources exist and how to contact them without identifying themselves to Human Resources. Two recommendations are to distribute an EAP flyer to all employees in campus mail or post on visible bulletin boards, designate a staff resource contact person, create a prominent website with contact phone numbers and identify the regional support person.

EAP information is available on the Human Resources webpage and a member of the Poly Human Resources has been designated as the EAP Poly Campus Coordinator to begin the training process to have an on campus representative available for employees.

8. Determine where and how AOD education is most effectively delivered to first year students in support of maintaining a campus community that is low in AOD violations and focused on prevention.

In consultation with the Orientation Team, First Year Seminar instructors and through research on best practices, all Resident Advisors completed the eTIPS University Training Program and all first-year students were required to complete the eCHECKUPTOGO Alcohol and Cannabis Training Programs as a component of First Year Seminar. This prevention effort was designated by all instructors to be 10% of their grade for the First Year Seminar Course.

9. Institute a plan for implementation of an evidence based systematic screening and assessment tool for students for the 2022-2024 period.

Developed by psychologists at San Diego State University, the eCHECKUPTOGO programs are personalized, evidence-based online interventions that are designed to motivate users to make positive changes and enhance overall well-being and mental health. SUNY Poly purchased and implemented this for first-year students who were mandated to complete the eCHECKUPTOGO Alcohol and Cannabis Training Programs. The eCHECKUPTOGO programs are established, evidence-based theoretical and practical approaches to generate intrinsic motivation for change. Alcohol eCHECKUPTOGO is a web-based survey that provides students with personalized feedback about their drinking patterns and how their alcohol use might affect their health and personal goals. The program has a special focus on two high-risk groups: first-year students and athletes. Cannabis eCHECKUPTOGO is an interactive, online program that provides immediate, personalized feedback about cannabis use and related variables. Statistical and Summary Reports can be found in the Appendices section. Between Dec 27, 2023 and Dec 27, 2024, 449 students have completed the alcohol program. Between Dec 27, 2023 and Dec 27, 2024, 370 students have completed the Cannabis program. The data collected from the reports will be reviewed by the AOD Prevention Task Force to make recommendations for the next academic year.

10. Campus smoking policy must be revised, updated and distributed to members of the campus community. This policy is substantially outdated and must be prioritized for the first year of the next program period.

This item will be continued in 2024-2026. An AOD Prevention Task Force sub-committee focused on Policies was formed and included the addition of the Environmental Health and

Safety Director. Other members of the sub-committee are from Human Resources, Wellness Center, University Police, Community Standards and Student Affairs. During this review period some signage that located in too near proximity of campus Residential buildings were removed to ensure alignment with residential smoking policy. The committee has begun to research other smoke-free Universities and best practices and identify any potential barriers. The Task Force has built a partnership with BRIDGES Tobacco Prevention Program (BTTP).

No changes to the campus smoking policy were made in the program period, as at the start of it a portion of the campus population worked and studied at the Albany, NY campus. The Albany campus operated on property and in buildings not owned by SUNY or SUNY Poly. This two-campus arrangement, with the space on one campus leased by the institution rather than owned, made it difficult to implement policy and expectations that would not be consistent among employees, particularly on a multi-union campus. At the start of this review, SUNY Poly Utica began a separation from the Albany campus, a process which is now complete. While the campus was shifting to new leadership and completing separation from the campus in Albany, exploring a smoke-free/tobacco-free campus remained on hold. However, the AOD Biennial Review will be presented to campus leadership in January 2025 and the team will seek support to focus on establishing a smoke-free/tobacco-free campus as identified in the recommendations section of this review.

Evaluation of Effectiveness

SUNY Poly evaluates the effectiveness of programs and policies through the:

- Breadth of AOD free programs the institution offers each year to promote a healthy normative environment (specifically late night and weekends per student request) along with event attendance/evaluations
- Campus survey results with AOD information (CIRP, Res Life Satisfaction and eCHECKUPTOGO) included in appendices
- Examination of the number of cases and circumstances related to student AOD incidents/violations through the Student Conduct Office as well as recidivism rates
- Total number of AOD report violations/sanctions for employees
- Implementation and completion of education and training programs
- Clery Report Statistics

Review of Fall 2022-Spring 2024 Program Goals

(Bold designates previous Biennial Review goal with review response underneath)

Consult with Orientation Professional Staff, the First Year Seminar Planning Team and the First Year Experience Professional Staff to determine where and how AOD education efforts are best formatted and delivered.

In consultation with areas listed above, Poly invested in 3rd Millennial Classrooms eCHECKUPTOGO alcohol and cannabis online education programs and required completion for First Year Students. These programs were implemented as part of the First Year Seminar FYS 101 grade and distributed to students prior to Orientation. Previously, students were only required to attend a session with the Wellness Promotion Coordinator at Orientation that included AOD education. Note: this session is still included in the Orientation schedule for First Year students.

Convene an AOD subcommittee to begin providing leadership for a new Campus Smoking Policy. Include the Director of Environmental Health and Safety.

The AOD Prevention Task Force was broken down into three subcommittees: Policies, Employee AOD/Human Resources and AOD Education and Expansion. The Campus Smoking Policy falls under the Policies subcommittee and the Director of Environmental Health and Safety was added to the Task Force.

Night/weekend programming for students will be encouraged & supported with the following:

- **Establishing paid student employment Building Manager positions tasked with creating and small event supervision night and weekend programming opportunities**
- **Offer alternative day, evening, late night, and weekend programming to students. Add additional alcohol free on campus programming options on Thursday nights to compliment off-campus bowling.**
- **Residential Life will share the Residential Life Satisfaction Survey results as they relate to student preferences for day, time and type of programming to all relevant constituents including student government, the student programming board, and the professional staff in residential life and student involvement who are responsible for programming. These results demonstrate high student interest in Friday and Saturday programming between 4pm and midnight.**

Building Managers were established in the Spring 2023 semester, and they offer support for club and organization functions that include late night and weekend programming. There was focus placed on Thursdays night programs (to offer continuous alcohol-free alternatives in place of the traditional bowling night that ended). All programs offered are alcohol and substance free opportunities for engagement. As noted in the appendices section, regular activities were offered after 6pm on weeknights and on the weekends to increase opportunities for alcohol and other substance free engagement to complement prevention efforts.

Establish co-sponsorship for offices and departments with Student Government. The Student Government leadership (2022-2023 team) allocated funding to support collaboration in an effort to increase student programming, with emphasis on programming that supports wellness initiatives.

The Student Wellness and Inclusion Committee was established by Student Government and is a collaboration of Student Government at Utica (SGU) members as well as Faculty and Staff from the areas representing Wellness and DEI efforts. Funding was secured from SGU for campus programming and initiatives related to Wellness and Inclusion that includes AOD prevention initiatives as an area of focus.

Present the AOD Task Force with suggested team members including representation from Utica based community agencies such as Insights of Helio Heath and/or The Center for Family Life and Recovery. Pursue representation with approval from the Task Force.

As mentioned previously, the task force formed a relationship with BRiDGES Tobacco Prevention Program (BTPP) to strengthen this community partnership. Additional community agencies that represent AOD prevention and treatment were represented at the Spring Wellness Fair, and discussions began regarding training and presentations from representatives of their agencies to attend future task force meetings.

Initiate a campus canvas for student, staff and faculty community members interested in joining the AOD Task Force in an effort to diversify and engage individuals that are interested in doing active AOD prevention work outside of committee meetings.

The Wellness Center participated in the Involvement Fair in the Fall semesters and the AOD Prevention Task Force was one of the areas promoted for student and/or faculty/staff interest. Advertisements were displayed at the Health Hut in the Campus and Student Center buildings. Interest in becoming a member language was also added to the website <https://www.sunypoly.edu/student-life/student-resources/wellness-center/alcohol-and-substance-abuse.html>

Explore options for support services for students in recovery to include; coaching, group therapy and support programs.

The Wellness Center offers Counseling Services that support students in Recovery. Community support recovery services were present at the College and Community Wellness Fair in Spring of 2023 and 2024 that included The Center for Family Life and Recovery, McPike Addiction Treatment Center, Helio Health. Community Support Groups were advertised, and materials were distributed for community coaching, groups and support programs. Group therapy and an established on-campus Recovery Program for students was not prioritized during this review period.

Add the AOD Prevention Task Force as a committee responsibility to the performance plan and job duties for those listed who play a role in the review. Designate a committee member responsible for creating processes, review and related deadlines.

The Wellness Promotion Coordinator was designated as the lead member during this review period and duties/responsibilities were added to the performance program.

Apply for funding and support from Auxiliary Services and Residential Life. Pursue opportunities for other departmental or grant support.

Funding was secured for campus AOD prevention from the Office of Residential Life and Housing for this entire review period. The funding was able to pay for the online education and intervention training programs through eTIPS University and eCHECKUPTOGO through 3rd Millennial Classrooms. Funding was available for the AOD Prevention Task Force through Auxiliary Services during this review period for the 2022-2023 academic year and was utilized for prevention and education.

The University will continue to expand and enhance its evidence-based interventions to address marijuana use, non-medical use of prescription drugs, and use of other illicit substances including opioids (heroin and fentanyl).

Since 2018, SUNY Poly has been maintaining Naloxone (NARCAN Nasal Spray) in all publicly accessible AEDs on campus. Additional NARCAN doses are maintained by all University Police first responders and in both portable Athletics Department AEDs. Midstate EMS provides NARCAN doses to SUNY Poly as needed, typically replacing the doses upon expiration every two years.

SUNY Poly community training for NARCAN administration and Opioid Awareness has been occurring, as it was included in CPR/First Aid/AED training sessions (American Heart

Association) offered through Midstate EMS. The OOPP and NARCAN administration training has been provided in person or online to appropriate offices and individuals (e.g., Residential Life, Wellness, University Police) when First Aid/CPR/AED training is coordinated through the Environmental Health & Safety (EHS) office.

In October 2022, New York State passed legislation requiring *“public college campuses to carry life-saving opioid antagonist medications in college-owned or college-operated housing, and ... that such medications are accessible to a trained resident assistant or other employee during emergencies that require the administration of opioid antagonists.”* SUNY Poly was already in compliance with the legislation and continues to ensure all Residence Life staff have completed training regarding OOPP and NARCAN administration. Narcan training has been made available to all offices on campus as well. In compliance with the legislation, at least 30 people complete annually the online or in-person OOPP/NARCAN administration training.

The Wellness Center partnered with Residential Life for the Deterra Residence Hall Initiative: Deterra is a drug deactivation system that students can use to deactivate drugs they need to get rid of before tossing them in the garbage and they were provided to all Residence Halls on campus.

Institute a plan for an evidence based systematic screening and assessment tool such as the American College Health Association - National College Health Assessment (NCHA). The NCHA is a nationally recognized research survey designed to collect precise data about students' health habits, behaviors, and perceptions. As an alternative, utilize the CORE Survey, which quantifies and documents college students' attitudes, perceptions, and opinions about alcohol and drugs.

The CORE Survey was not available for use during this review period. SUNY Poly purchased and implemented for eCHECKUPTOGO Alcohol and Cannabis Training Programs for first year students during this review period. Developed by psychologists at San Diego State University, the eCHECKUPTOGO programs are personalized, evidence-based online interventions that are designed to motivate users to make positive changes and enhance overall well-being and mental health. The eCHECKUPTOGO programs are grounded in a number of established, evidence-based theoretical and practical approaches to generate intrinsic motivation for change. The alcohol program has a special focus on two high-risk groups: first-year students and athletes.

Summary of 2022-2024 AOD Program Strengths, Weaknesses, and 2024-2026 Recommendations

2022-2024 Strengths

- SUNY Poly has no recognized fraternities or sororities on campus, which reduces risk at college-sponsored activities that can be more prone to AOD use in a social setting.
- A full schedule of day, night and weekend AOD free options were offered to students.
- SUNY Poly continues to maintain a campus culture that does not promote alcohol as a component of the social setting.
- The SUNY Polytechnic Center for Student Involvement did not allow any events on campus for students with alcohol during this review period.
- Campus maintains facility hours that accommodate late-night and weekend opportunities for AOD free engagement through the Center for Student Involvement Office, Wildcat Events Committee (WEB), Athletics and Residential Life and Housing.
- Care Team (SUNY Poly's behavioral assessment and intervention/support team) meets weekly to identify at-risk students for intervention and referral.
- Fall 2022 to Spring 2024 there were zero employee AOD violations. The prior program period (2020-2024) also had zero employee AOD violations.
- For the reporting period of this biennial review, SUNY Poly recidivism rates with alcohol and drug (cannabis) related cases remained at 0%.
- Vaping and e-cigarette violation education sanctions are a component of the student conduct process and require an educational sanction.
- There is strong communication and collaboration between departments to support AOD programs (Wellness Center, Residential Life, Center for Student Involvement, Student Conduct, University Police, Athletics, Title IX, etc.)
- Event controls are in place that allow checking for drugs and alcohol at entrances and throughout events when such coverage is deemed warranted by University Police.
- Provided eTIPS University training certificate program for all Residence Life staff and Orientation Assistants, increased role playing, and case studies related to alcohol and drug use during training sessions. eTIPS was also utilized as an educational sanction when appropriate to address conduct violations.
- There is consistent collaboration between Community Standards and the Wellness Center ensuring referrals for educational mandates and/or recommendations for counseling services for code violations related to AOD policies and fair and consistent sanctioning.
- The SUNY Poly Wellness Center facilitates one-on-one wellness coaching and/or counseling sessions with students to explore harm reduction strategies, communication and/or intervention skills regarding alcohol and other substances.

- Prevention and intervention programs were supported and implemented that increased protective factors and reduced risk factors for AOD use/abuse.
- The university's auxiliary food provider, Aramark's "Wildcat Hospitality", requires any employee who serves alcohol to be trained through ServSafe and TIPS.
- Alcohol advertising and industry sponsorship is prohibited on campus.
- Residential Life and Housing Staff were trained to identify behavioral concerns and implications, particularly as they relate to alcohol use. Training on college student issues and trends is provided.
- The Care Team, in partnership with the Counseling staff, offers QPR and Student Support training throughout each semester both in person and virtually.
- Resident Advisors spend considerable time on the skills necessary to have meaningful conversations, how to build relationships, and how to identify concerns in a one-on-one setting. Each resident student has a one-on-one meeting with their Resident Advisor within the first month of each semester. This lays the groundwork for ongoing connection and assessment of an individual student's habits and interests and is often an early detector of problems with alcohol and drugs for an individual student.
- Training is provided on protocol and sanctions related to vaping and smoking in residence halls and to tampering with fire safety equipment for the purpose of vaping and smoking. The town fire department delivered sanctioned educational training for violations of fire safety (violations are most often related to smoking and vaping.) Multiple violations of the vaping and smoking policies are taken seriously and housing is often lost as a consequence, with no exception to the fee policy for room and board if sanctioned.
- Evaluation of the First Year CIRP results indicates SUNY Poly students are similarly experienced with alcohol and drug use prior to college as other public 4-year first year students. We continue to see minimal observation/documentation of high/risk and/or illegal AOD activity by students as indicated in the Conduct Reports.
- The Drug and Alcohol Policy is consistently provided to new employees at the onboarding session. All new employees sign receipt that they have received and read the policy which is filed in Human Resources.
- Detera Residence Hall Initiative: Detera is a drug deactivation system that students can use to deactivate drugs they need to get rid of before tossing them in the garbage.
- Water Bottle Fill Station/Stay Hydrated Initiative: Hydration for health campaign, promoting the importance of drinking water and other healthy, non-alcoholic beverages. For example, alcohol awareness campaign around Thanksgiving titled: drink water for "drinksgiving." Over 20 fill stations are located throughout campus.
- Wellness Promotion Coordinator attended the HECAOD 2023 Cannabis Symposium (12/7/23)

- The AOD Prevention Task Force sponsored a table and attended the Center for Family Life and Recovery 2024 Annual Awareness Breakfast on April 2, 2024, as a partnering agency.
- Instituted a plan for an evidence based systematic prevention and intervention tool for students for the 2022-2024 period.
- A full-time faculty member with AOD interest and expertise and an engaged student leader were added to the AOD Prevention Task Force during this review period.
- Employees are invited to participate in Narcan training.
- Drivers of college vehicles have their drivers' licenses run against convictions through the License Event Notification Service (LENS) program.
- Employee health insurance includes coverage for addiction/substance abuse treatment for covered persons.
- Any employee who seeks rehabilitation through an inpatient program may be eligible for an unpaid leave of absence in accordance with the Family Medical Leave Act.
- All University Police Officers, Wellness Center and Residence Life Staff have received training on the use of Narcan for suspected overdoses.

2022-2024 Weaknesses and Recommendations for 2024-2026

Campus Weaknesses 2022-2024	Recommendations for Revisions 2024-2026
<p>Limited support for students in recovery.</p>	<p>Increase on-campus presence of community support agencies throughout the semester to increase awareness of peer support groups, recovery events and services available such as Helio Health, CFLR, and ACR Health.</p>
<p>Limited collaboration with local community AOD resources</p>	<p>Plan for community partners to attend and present at AOD Prevention Task Force meetings to increase awareness of services and to establish a stronger campus/community partnership.</p> <p>Establish a calendar and a collaborative plan for a routine on-campus presence of these agencies.</p>
<p>SUNY Poly lacks a specific policy and review team to govern new and existing events that include alcohol.</p>	<p>Gain support for the AOD Prevention Task Force to proactively create policy and review for any future requests for events on and off site that include alcohol.</p>
<p>The need for a more robust EAP Program and a trained, designated campus representative with the development of a campus EAP Committee.</p>	<p>The EAP Poly designated representative will complete the required training, and the Poly EAP Committee will meet at least one time per semester.</p> <p>The EAP informational brochure will be personalized and distributed to all employees at onboarding, through campus email and displayed on the Human Resources website.</p>

	<p>The Poly representative will be added to the Coordinators on the NYS website upon completion of the required training.</p>
<p>Campus smoking policy remains outdated, and campus is not smoke-free or tobacco-free.</p>	<p>Campus smoking policy must be revised with clear policies for smoking locations and distance from all buildings, not just residential.</p> <p>The updated policy must be distributed to members of the campus community.</p> <p>Prioritize consideration of the policy for year one of the next program period with the task force to advocate strongly for establishment of a smoke-free/tobacco-free campus.</p>

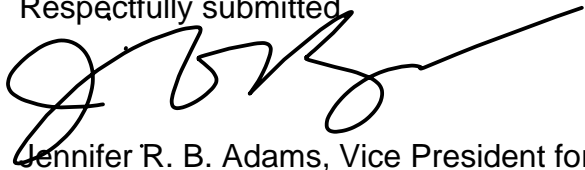
2024-2026 Program Goals

- Establish policies that support a smoke free/tobacco free campus. Complete a marketing campaign celebrating the positive gains of a smoke free/tobacco free campus, spreading awareness and creating shared responsibility for cooperation and enforcement.
- Present the AOD Prevention Task Force with at least 2 guest presentation/training opportunities from community partner agencies per year to increase knowledge of community resources, AOD trends and strengthen collaboration efforts.
- Explore options for support services for students in recovery to include; coaching, group therapy and support programs on campus. Hold at least 1 event per semester dedicated to individuals in recovery. If group therapy has small interest, consider options to partner with other local community and four year colleges to provide this opportunity to students.
- Create and enforce a campus alcohol policy and guidelines for responsible event management at events that include or allow for any amount of alcohol, on or off site. Provide review and support for requests for campus sponsored events that include alcohol to ensure health, safety and event success.
- Apply for funding and support from Auxiliary Services and Residential Life. Pursue opportunities for other departmental, community or grant support from at least one additional source per year.

Conclusion

At SUNY Polytechnic Institute, it is our priority to continue to have a Drug and Alcohol Abuse prevention plan that includes education and prevention focused programming to inform students and employees about the risks and consequences that are associated with alcohol and other substance use/abuse and to promote responsible behaviors. SUNY Poly has developed policies and procedures to lessen the occurrence and recurrence of alcohol and drug related incidents, and we remain committed to enhancing our educational opportunities. We will continue to utilize our biennial reviews, accumulated data, and experiences to evaluate our positive impact on student, staff and faculty well-being. Detailed lists of our alcohol-free late night programmatic and educational efforts at both campuses and across broad constituent groups are highlighted in the appendices.

Respectfully submitted



Jennifer R. B. Adams, Vice President for Student Affairs and Dean of Students

*On behalf of the SUNY Poly AOD Prevention Task Force

SUNY Polytechnic Institute (SUNY Poly)
Drug-Free Schools and Campuses Regulations [EDGAR Part 86]
Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.


2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
- Ensure that its disciplinary sanctions are consistently enforced.

SUNY Polytechnic Institute
100 Seymour Road
Utica, NY 13502

Winston O. Soboyejo

Typed Name of Chief Executive Officer



Signature of the Chief Executive Officer

12/31/2024

Date

14-6013200

IRS Employer Identification Number

315-792-7404

Telephone Number

president@sunypoly.edu

E-mail Address

Clery Statistics - Calendar Years 2021, 2022, 2023 (Utica campus)

Crime Classification	Year	Campus		Non-Campus	Public Property	Total	Hate Crimes	Unfounded Crimes
		On Campus Student Housing	On Campus Total					
Murder/Non Negligent Manslaughter	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Negligent Manslaughter	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Rape	2023	1	1	0	0	1	0	0
	2022	0	0	0	0	8	0	0
	2021	4*	8**	0	0	8	0	0
Fondling	2023	1	1	0	0	1	0	0
	2022	0	2	0	0	2	0	0
	2021	0	2***	0	0	2***	0	0
Incest	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Statutory Rape	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Robbery	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Aggravated Assault	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Burglary	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Motor Vehicle Theft	2023	0	0	0	0	0	0	0
	2022	0	0	0	0	0	0	0
	2021	0	0	0	0	0	0	0
Liquor Law Arrests (does not include DWI)	2023	0	0	0	0	0	n/a	0
	2022	0	0	0	0	0	n/a	0
	2021	0	0	0	0	0	n/a	0
Drug Law Arrests	2023	0	0	0	0	0	n/a	0
	2022	0	0	0	0	0	n/a	0
	2021	0	0	0	0	0	n/a	0
Weapons Law Arrests	2023	0	0	0	0	0	n/a	0
	2022	0	0	0	0	0	n/a	0
	2021	0	0	0	0	0	n/a	0
Liquor Law Violations Referred for Disciplinary Action	2023	0	0	0	0	0	n/a	0
	2022	10	10	0	0	10	n/a	0
	2021	0	0	0	0	0	n/a	0
Drug Law Violations Referred for Disciplinary Action	2023	0	0	0	0	0	n/a	0
	2022	0	0	0	0	0	n/a	0
	2021	2	2	0	0	2	n/a	0
Weapons Law Violations Referred for Disciplinary Action	2023	0	0	0	0	0	n/a	0
	2022	0	0	0	0	0	n/a	0
	2021	0	0	0	0	0	n/a	0

The full Clery report can be found at:
<https://sunypoly.edu/sites/default/files/Clery%20Report%202024%20-%20Uticaw%20covers.pdf>

DAAPP Education Events & Initiatives

(Wellness Center: Health & Counseling Services)

Fall 2022- Fall 2024 Semesters

Prevention programs include a strong focus on primary prevention strategies as well as opportunities for students to participate in AOD free events that focus on stress management and other protective factors/healthy lifestyle choices.

Bathroom Buzz – health information flyers on AOD topics were posted in bathrooms campus-wide. The Wellness Promotion Coordinator researched and developed educational flyers on relevant college health topics with a focus on alcohol and other drug prevention. Bathroom Buzz topics include tobacco cessation, dangers of e-cigarettes/vaping, cannabis laws, alcohol use risks, standard drink amounts, driving under the influence/drinking and driving, safe prescription drug disposal, opioid prevention and healthy alternatives for stress relief.

Alcohol and other Drug Education Sanction – referred from the student conduct office, individual students that have a drug and/or alcohol violation(s) (including e-cigarettes and vaping) are required to schedule an education session(s) with the appropriate Wellness Center Staff. Sanctions may also include eTIPs Certification Training, 3rd Millennial Classrooms eCHECKUPTOGO Alcohol and/or Cannabis Modules, and/or Intervention Courses Alcohol Wise 21+, Under the Influence and THC 101. Maxient, a student conduct database system, continues to enhance communications between the two departments through tracking of violations and sanction requirements.

21st Birthday Alcohol Education Email - initiative sent out to individual students turning 21 years old. An e-mail is sent a few days before the student turns 21 years of age with the message “Have Fun, Be Safe on Your 21st Birthday”. The “Have Fun, Be Safe” message includes education on lowering high risk behaviors, tips for safe drinking or ways to celebrate without the use of alcohol along with information on the Have a Plan App for a safe ride home through the Stop DWI program with other alcohol education informational links.

Relaxation, Stress Management Programs were held to encourage healthy stress management, the importance of relaxation and to discourage the use of alcohol and other

drugs as “self-medicating or coping mechanisms.” Programs were offered to minimize stress, offer healthy coping mechanisms, and work through mental health challenges.

- Feel Good Fridays: Therapeutic massage at the Wellness Center. A certified massage therapist provided customized massage sessions to individual students.
- Hatha Yoga/Meditation Yoga: Yoga classes focusing on relaxation, stretching and breathing for stress relief. Open to students, faculty and staff.
- Relaxation Room: RAD (relax and de-stress) Room, “Where you will always feel kneaded” features a shiatsu heated massage chair with a MP3 player. This fully reclining, full body massage chair is available to students by appointment or walk-ins. This room also features multiple relaxation items including: a multi spectrum lamp, meditation mat, a Himalayan ionic natural salt lamp, a Buddha Board, dark chocolate, stress balls and adult coloring books/crayons. A peaceful, private and quiet atmosphere helps students to relax and de-stress. Students also use this space to meditate, study and even take a nap.
- "Play Me Pianos": A piano in the upper lobby of the Campus Center available for members of the college community to play at will. Music books provided, and signs were displayed encouraging all to “Play Me” and “Keep Calm and Play On” promoting stress relief, mood enhancement and of course to showcase talent! This simple action has also provided another outlet for students on nights and weekends to gather with friends and participate in alcohol and substance-free activities.
- De-Stress with Dogs/Relax with Furry Friends: Event held as part of a collaboration between the Wellness Center and Therapy Dogs International/Cornell Cooperative Extension. Therapy dog visits focused on building healthy social relationships and toward helping students relieve stress. The benefits of this program include lowering anxiety, providing comfort, reducing loneliness, and promotion of the neurotransmitter serotonin, prolactin and oxytocin. Research shows petting an animal releases these chemicals which in turn helps to elevate mood. Alcohol-free beverages were provided.

College and Community Wellness Expo: This event was held in the Spring 2023 and Spring 2024 semester; this event was open to the campus community and the CNYDDSO EAP program partnered. Local nursing students (MVCC) participated as exhibitors and over 60 community agencies were in attendance. Alcohol and other Drug Prevention Agencies were represented including the Center for Family Life and Recovery, Helio Health, Beacon,

BRiDGES (tobacco free) and student projects focused on areas of alcohol and other drug prevention and intervention services.

Twitter (X) and Instagram Social Media Account: Wellness Center Twitter (X) Page @BeWell_SUNYPoly and Instagram: sunypolywellness: Postings promote healthy lifestyle choices and substance use prevention including information and resources on take back drug days, alcohol awareness month, tobacco cessation resources and vaping risks, etc.

Orientation sessions for Educational Opportunity Program, International Students, Athletes and First Year Students: Alcohol and other drugs education session/training focusing on the prevention of underage drinking, alcohol/drug and tobacco use as well as lowering high risk behaviors while promoting individual health and wellness.

Resident Advisor (RA) Training: Focused training on the importance of self-care and alcohol and other drugs prevention, provided by the Wellness Center. eTIPs Certification Training required for each Resident Advisor and offered to Assistant Hall Directors.

February, Sexual Health Education Week: A weeklong event for students on sexual health education that includes various elements of AOD prevention.

Great American Smoke out and Kick Butts Day: In the Fall semester, the American Cancer Society's Great American Smoke out event is promoted and in the Spring semester is Kick Butts Day through the Health Hut (located in the Campus Center for Fall 2022-Fall 2023, Student Center Spring 2024-Fall 2024). These events included an awareness campaign of tobacco and e-cigarette use risks and participants were encouraged to plan to quit, through Bathroom Buzz Flyers, and social media posts. NYS Quitline Cards were placed in bathrooms campus wide and Nicotine Replacement Therapy products were advertised free through the Wellness Center. The tabling event included 'Vaping Jeopardy' to learn more about the effects of vaping. Additionally, the event provided resources such as pledge cards to go smoke-free, smoking cessation resources, a student survey, and vape disposal information. The event aimed to educate people about the dangers of vaping and nicotine and encourage them to rethink their relationship with these substances.

Tobacco Cessation Services: Nicotine Replacement Therapy products through the NYS Quitline was heavily advertised and promoted. Students had the opportunity to develop a quit plan with the Wellness Promotion Coordinator and are provided education and support throughout their quit plan.

Care Team Meeting (weekly): meets weekly to discuss/develop action plans for students of concern (including AOD related concerns). Faculty, staff, and students are encouraged to

identify students at risk so that they can be assisted before their behavior reaches a level of imminent danger – threat to their own safety, or safety of others.

Sleep Awareness Month (March): National Sleep Awareness Week 2024 campaign titled “Let’s Sleep Better SUNY Poly” focused on education on good sleep habits that included how alcohol and other substances can negatively impact good sleep.

Happy Hour Bingo: AOD education Bingo event for students sponsored by the Wellness Center and Residential Life. Mocktails and AOD prevention materials were provided to attendees.

Darryll Stinson: The Wellness Center and Athletics hosted a speaking event featuring former Division 1 collegiate athlete Darryll Stinson on April 1st, 2024. Darryll is an author, 2xTEDx speaker, and suicide survivor. He overcame multiple suicide attempts and opioid addiction to live his purpose of empowering people to share their stories and reach their full potential. This program was mandatory for all Poly athletes to attend.

Alcohol Awareness Month: The AOD Prevention Task Force and Wellness Center held tabling events that included alcohol and other drug trivia, educational materials and the distribution of healthy snacks/beverages and included an Impaired Driving Quiz.

Student Conduct 2022-2024

The charts below show the number of students who were found responsible and not responsible for policy violations related to this report. For many reasons, we have observed an overall decrease in AOD-related cases. We attribute this to more proactive programming and education about community expectations. This was done during orientation for new students and for 2023-2024 the introduction of the e-CHECKUPTOGO program. SUNY Poly utilizes a third-party student conduct tracking database (Maxient) to manage all incidents occurring on campus. This software provides an inclusive way to ensure that all incidents occurring on campus are documented, tracked and categorized in one central protected location. Utilization of the Maxient database ensures consistency and fairness and completion of sanctioning among students who are referred to the Office of Student Conduct/Community Standards for alcohol and/or drug policy violations.

2022-2023			
	Not Responsible	Responsible	Total
Use, possession or distribution of alcoholic beverages	2	7	9
Use, possession or distribution of controlled substances, narcotics, prescription drugs (all cannabis)	0	0	0
Possession of drug paraphernalia	0	0	0
2023-2024			

	Not Responsible	Responsible	Total
Use, possession or distribution of alcoholic beverages	2	10	12
Use, possession or distribution of controlled substances, narcotics, prescription drugs (all cannabis)	0	3	3
Possession of drug paraphernalia	0	0	0

2022-2024 Sanction breakdown for AOD Policy Violations

Sanction Breakdown		
	2022-2023	2023-2024
Probation (3 months to 12 months)	8	10
Meeting with Health Promotion Coordinator, Education Session	7	13
Substance Abuse Evaluation	0	0
Suspension/Expulsion	0	0
Community Restitution, Meeting with Campus Professional or Other	0	2*

** In Fall 2024, Poly had 2 cannabis cases where students had cannabis mailed to them. The cannabis was never permitted to be in the student's possession. The mail room intercepted the packages based on the labels/packaging and passed them along to University Police who sent to community standards. Through the conduct process, it was confirmed to be cannabis-based products and both had completed the e-CHECKUPTOGO Cannabis program. During the administrative meeting with conduct, there was an educational discussion on the impacts of cannabis product use and possession on campus as well as the expectations regarding federal drug policy.

SUNY Polytechnic Institute Cooperative Institution Research Program (CIRP) Selected Questions Freshman Survey Fall 2022 and Fall 2023

	Total			Men			Women			Non-binary, Genderqueer, Gender non-conforming, Identity not listed		
SUNY Polytechnic Institute	Your Inst	Comp 1	Comp 2	Your Inst	Comp 1	Comp 2	Your Inst	Comp 1	Comp 2	Your Inst	Comp 1	Comp 2
All Respondents	272	3,218	4,423	187	554	898	75	583	1,408	9	81	114
In the past year, how often have you:												
Consumed beer												
Frequently	1.9%	1.3%	1.5%	2.7%	2.9%	3.4%	0.0%	0.8%	0.8%	0.0%	1.4%	2.9%
Occasionally	21.3%	16.3%	14.5%	22.4%	19.4%	18.2%	21.6%	16.0%	10.4%	0.0%	18.3%	14.7%
Not at All	76.8%	82.3%	84.0%	74.9%	77.6%	78.4%	78.4%	83.3%	88.8%	100.0%	80.3%	82.4%
Total (n)	267	3,065	4,103	183	509	796	74	526	1,245	9	71	102
Mean	1.25	1.19	1.17	1.28	1.25	1.25	1.22	1.17	1.12	1.00	1.21	1.21
Standard deviation	0.48	0.42	0.42	0.51	0.50	0.51	0.41	0.40	0.35	0.00	0.44	0.47

**2023 CIRP Freshman Survey
Institutional Profile Report
All Respondents**

	Total			Men			Women			Non-binary, Genderqueer, Gender non-conforming, Identity not listed		
SUNY Polytechnic Institute	Your Inst	Comp 1	Comp 2	Your Inst	Comp 1	Comp 2	Your Inst	Comp 1	Comp 2	Your Inst	Comp 1	Comp 2
All Respondents	197	2,959	13,793	142	1,676	5,492	47	1,240	7,548	8	36	696
Consumed beer												
Frequently	3.7%	2.5%	2.5%	5.1%	3.7%	4.1%	0.0%	0.8%	1.5%	0.0%	3.0%	1.2%
Occasionally	18.0%	15.6%	18.9%	22.8%	20.5%	24.4%	4.4%	8.8%	15.2%	12.5%	9.1%	16.0%
Not at All	78.3%	81.9%	78.6%	72.1%	75.8%	71.5%	95.6%	90.4%	83.3%	87.5%	87.9%	82.8%
Total (n)	189	2,761	12,889	136	1,587	5,166	45	1,134	7,030	8	33	651
Mean	1.25	1.21	1.24	1.33	1.28	1.33	1.04	1.10	1.18	1.13	1.15	1.18
Standard deviation	0.51	0.46	0.48	0.57	0.52	0.55	0.21	0.33	0.42	0.35	0.44	0.42
Significance	-	-	-	-	-	-	-	-	*	-	-	-
Effect size	-	0.09	0.02	-	0.10	0.00	-	-0.18	-0.33	-	-0.05	-0.12
Consumed wine or liquor												
Frequently	2.6%	2.6%	3.0%	2.9%	2.9%	3.6%	2.2%	2.1%	2.6%	0.0%	6.1%	2.8%
Occasionally	23.3%	21.4%	26.2%	25.7%	21.8%	25.9%	17.8%	20.6%	26.0%	12.5%	27.3%	31.2%
Not at All	74.1%	76.0%	70.8%	71.3%	75.3%	70.5%	80.0%	77.2%	71.4%	87.5%	66.7%	66.1%
Total (n)	189	2,761	12,888	136	1,587	5,165	45	1,134	7,031	8	33	651
Mean	1.29	1.27	1.32	1.32	1.28	1.33	1.22	1.25	1.31	1.13	1.39	1.37
Standard deviation	0.51	0.50	0.53	0.53	0.51	0.54	0.47	0.48	0.52	0.35	0.61	0.54
Significance	-	-	-	-	-	-	-	-	-	-	-	-
Effect size	-	0.04	-0.06	-	0.08	-0.02	-	-0.06	-0.17	-	-0.43	-0.44
Vaped/used e-cigarettes												
Frequently	3.2%	2.6%	2.0%	3.7%	2.6%	2.3%	2.2%	2.4%	1.8%	0.0%	6.1%	2.8%
Occasionally	5.8%	6.4%	7.1%	5.9%	6.6%	7.0%	4.4%	5.9%	7.0%	12.5%	15.2%	9.7%
Not at All	91.0%	91.0%	90.9%	90.4%	90.7%	90.7%	93.3%	91.7%	91.3%	87.5%	78.8%	87.6%
Total (n)	189	2,762	12,895	136	1,587	5,168	45	1,135	7,035	8	33	651
Mean	1.12	1.12	1.11	1.13	1.12	1.12	1.09	1.11	1.11	1.13	1.27	1.15
Standard deviation	0.41	0.39	0.37	0.44	0.40	0.39	0.36	0.38	0.36	0.35	0.57	0.43
Significance	-	-	-	-	-	-	-	-	-	-	-	-
Effect size	-	0.00	0.03	-	0.02	0.03	-	-0.05	-0.06	-	-0.25	-0.05

Center for Student Involvement Summary of Opportunities for AOD Free Engagement and Events

Semester	# of clubs and organizations	# of alcohol-free opportunities for engagement. **Activities noted took place after 6pm on weeknights or weekend
Fall 2022	31 Clubs 4 student organizations (WEB, Wildcat Media, Club Funding Board, Wildcat Esports)	363 (Includes Club Meetings) **41 (events/meetings on weekends Fri. - Sun. after 6p) **108 (events/meetings on weekdays M - R after 6p) 214 (events before 6pm)
Spring 2023	31 Clubs 4 student organizations (WEB, Wildcat Media, Club Funding Board, Wildcat Esports)	423 (Includes Club Meetings) **26 (events/meetings on weekends Fri. - Sun. after 6p) **116 (events/meetings on weekdays M - R after 6p) 281 (events before 6pm)
Fall 2023	36 Clubs 4 student organizations (WEB, Wildcat Media, Club Funding Board, Wildcat Esports)	327 (Includes Club Meetings) **14 (events/meetings on weekends Fri. - Sun. after 6p) **65 (events/meetings on weekdays M - R after 6p) 248 (events before 6pm)
Spring 2024	36 Clubs 4 student organizations (WEB, Wildcat Media, Club Funding Board, Wildcat Esports)	299 (Includes Club Meetings) **7 (events/meetings on weekends Fri. - Sun. after 6p) **71 (events/meetings on weekdays M - R after 6p) 221 (events before 6pm)
Fall 2024	40 Clubs 4 student organizations (WEB, Wildcat Media, Club Funding Board, Wildcat Esports)	261 (Includes Club Meetings) **28 (events/meetings on weekends Fri-Sun after 6p) **43 (events/meetings on weekdays M - R after 6p) 190 (events before 6pm)

Fall 2022-Fall 2024 Intramural Report

Wildcat Field House:

The Wildcat Field House was open from 7:00AM – 10:00PM from Mondays through Thursdays. On Fridays, the hours of operation were 7:00AM – 7:00PM and Saturdays from 8:00AM – 6:00PM and Sundays from 12:00PM – 6:00PM

Campus Center Gym:

The campus center gym was available for open gym to students Monday, Tuesday, Thursday and Friday from 10am-2pm. Most students participated in pick-up basketball but could play indoor soccer, volleyball or racquetball.

Activities at the Field House:

- Ballroom Dancing-open to staff, faculty, and students
- Volleyball-intramural program where students competed against each other
- Club soccer-group on campus that played every week
- Cornhole tournament-intramural program
- Hatha Yoga-open to staff, faculty, and students
- Badminton-intramural program that had pool play with the winning team being crowned champions.
- Golf Class-a 1-credit class offered for students
- Flag football-this was a club and intramural program
- MSU Basketball Tournament-a tournament held every semester with students and a group from the outside community.
- SAAC kickball tournament-fundraiser for SAAC which placed staff against student-athletes in competition
- SAAC Basketball-competition of 5 v 5. Teams consisted of each of our varsity intercollegiate student-athletes competing against each other (Ex: Men's Lacrosse vs. Baseball)

Activities at the Campus Center:

- Racquetball-a 1-credit course offered for students
- SAAC staff volleyball game-a fun fundraising volleyball game with two teams including faculty and staff. SAAC led the event (announcing, officiating, keeping score). Admission/donations were accepted at the door. Open for all to come watch.

Note: Athletic events were held exclusively in the Field House upon the closure of the Campus Center for renovation beginning Spring 2024.

Fall 2022 and Fall 2023 Residential Life Student Satisfaction Survey Results

The Office of Residential Life and Housing completes an annual Residential Satisfaction Survey. The department reviews the overall results with the AOD Task Force, as some of the responses regarding the perception of policy enforcement, building safety and suitability for study may inform the team about the residential environment and experience. In the Fall of 2022, questions prompted respondents to indicate basic patterns of drug and alcohol use, and it relates to prior experience as campus events continued to be minimal due to COVID. These questions were first added to the Fall of 2020 to understand the implications of limited social exposure to peers and reduced in-person events. However, these questions will be reviewed and considered by the team to determine if they might have longer-term relevance for understanding student choices and behaviors.

2022-2023

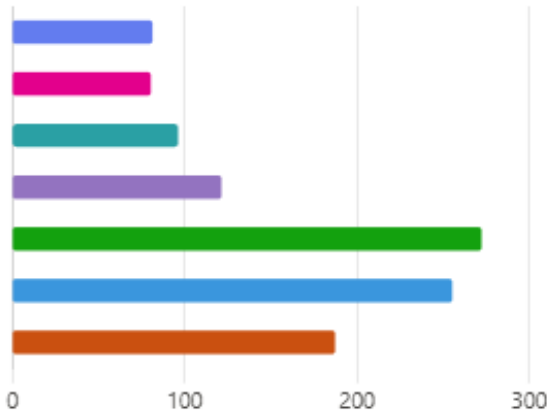
- Occupancy: 776 students
- Response total: 385
- Response rate: 50%

Summary of Responses AOD Related

45. What are the ideal days of the week for programs and events? (We'll ask time in the next questions). When are you most likely to take advantage of programs?

[More details](#)

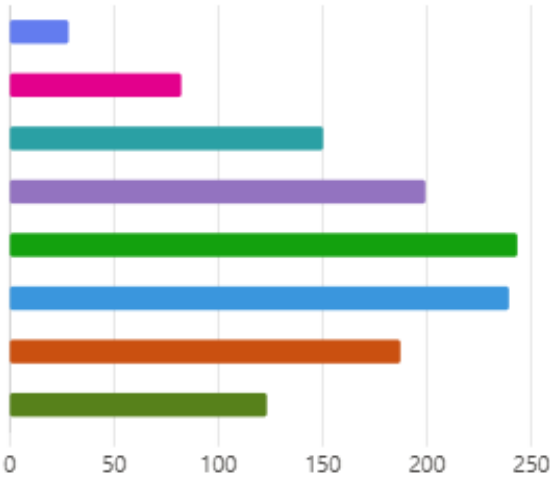
Monday	81
Tuesday	80
Wednesday	96
Thursday	121
Friday	272
Saturday	255
Sunday	187



47. What are the ideal times for programs and events on WEEKENDS?

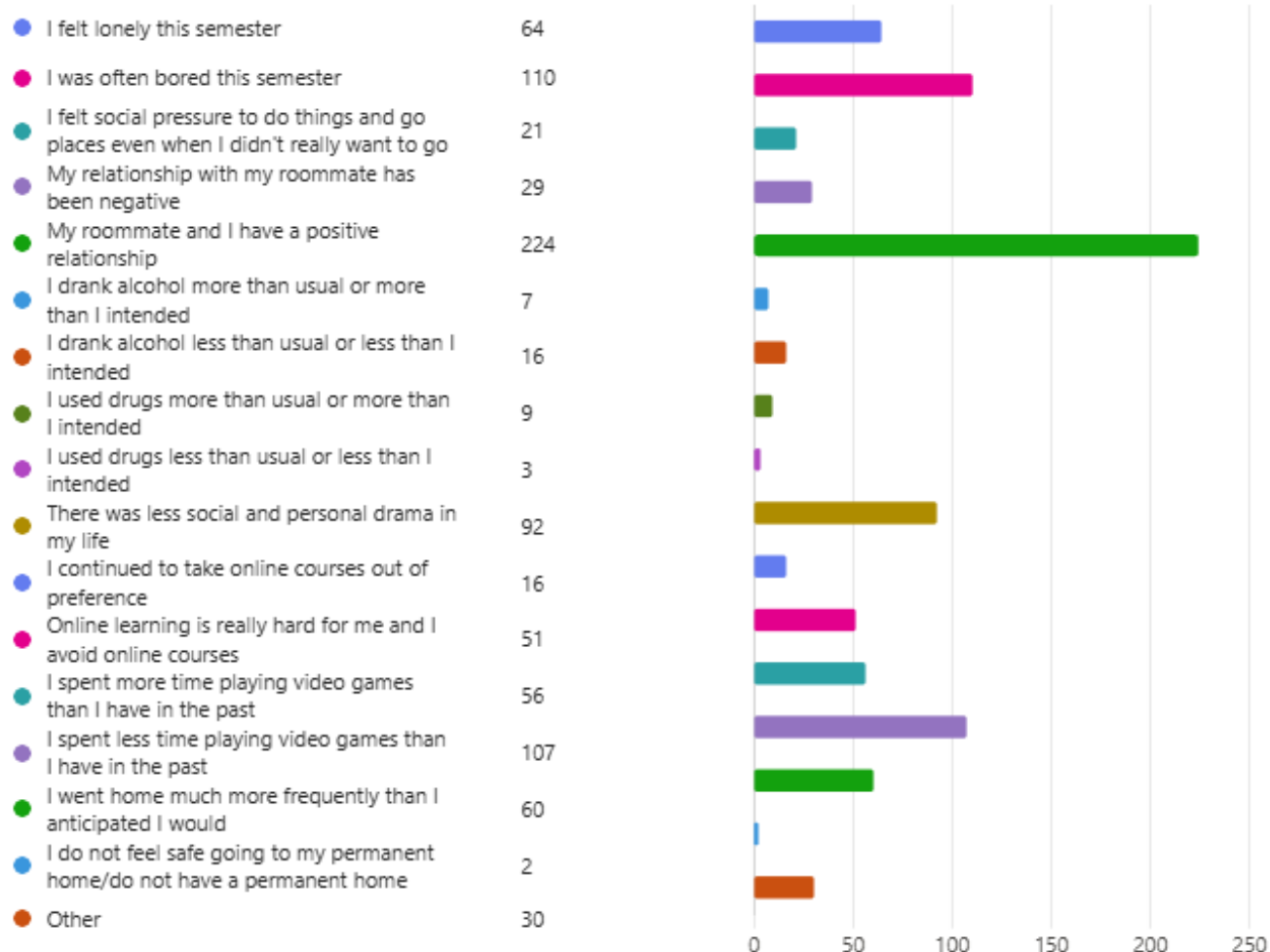
[More details](#)

8am to noon	28
noon to 1pm	82
1pm to 4pm	150
4pm to 6pm	199
6pm to 8pm	243
8pm to 10pm	239
10:00pm to midnight	187
midnight to 2am	123



54. Your Residential Experience - a little about you

[More details](#)



2023-2024 Survey

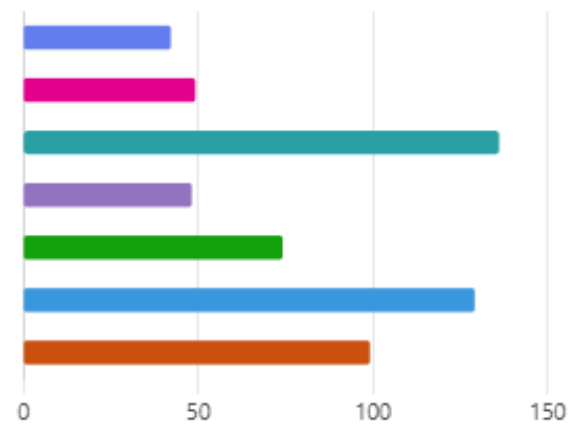
- Occupancy: 793 students
- Response total: 194
- Response rate: 24%

Summary of Responses AOD Related

48. What are the ideal days of the week for programs and events? (We'll ask time in the next questions). When are you most likely to take advantage of programs?

[More details](#)

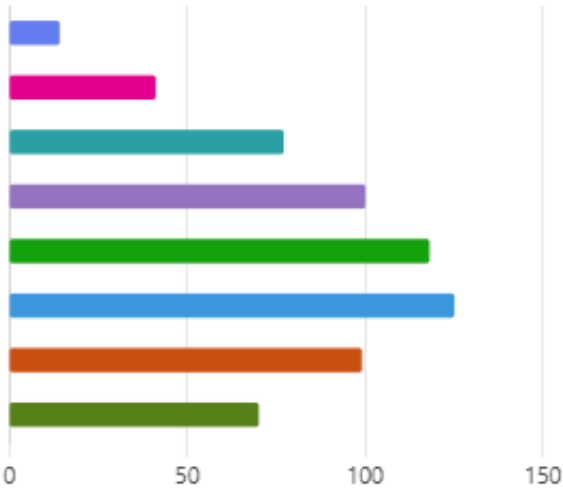
Monday	42
Tuesday	49
Friday	136
Wednesday	48
Thursday	74
Saturday	129
Sunday	99



50. What are the ideal times for programs and events on WEEKENDS?

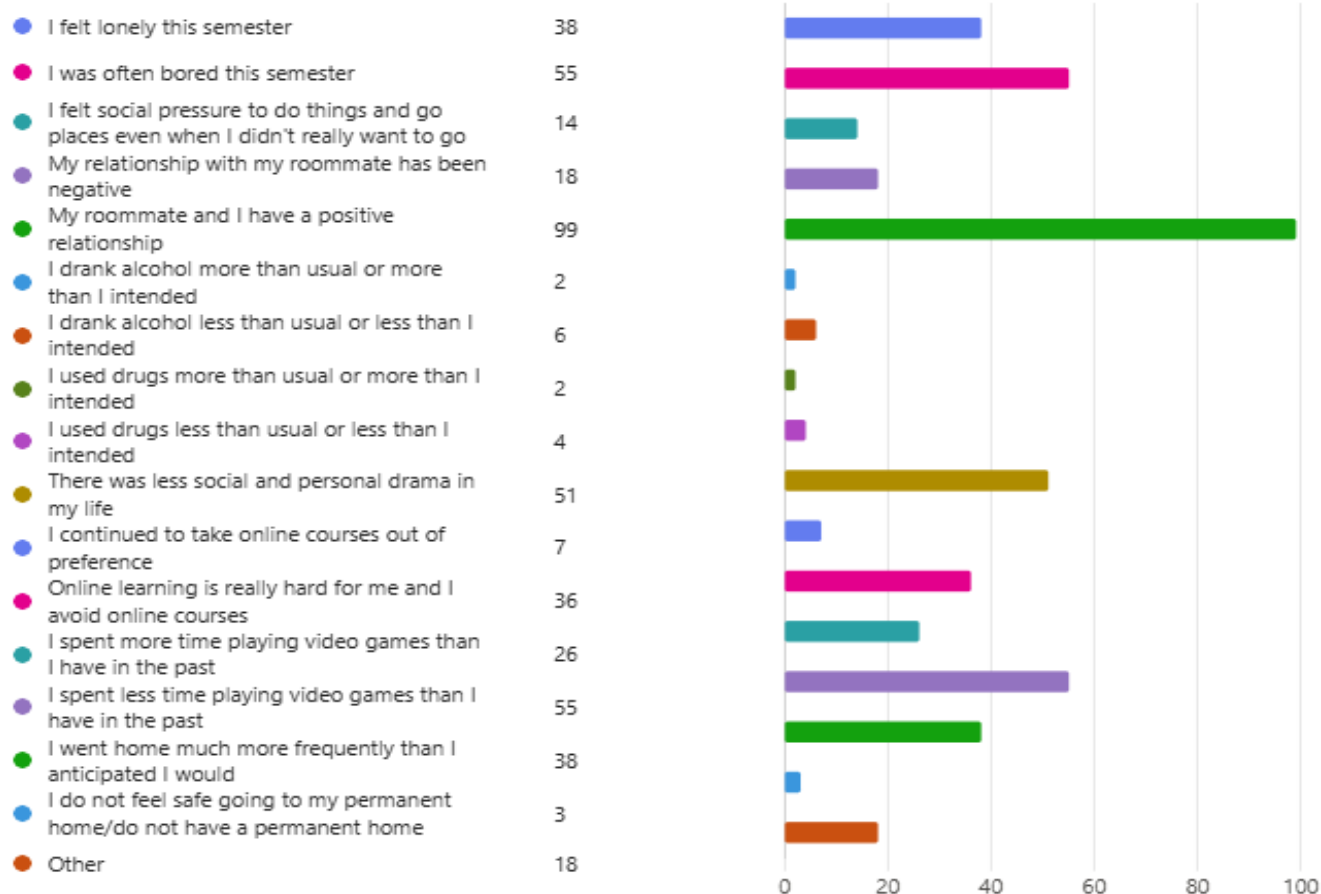
[More details](#)

8am to noon	14
noon to 1pm	41
1pm to 4pm	77
4pm to 6pm	100
6pm to 8pm	118
8pm to 10pm	125
10:00pm to midnight	99
midnight to 2am	70



57. Your Residential Experience - a little about you

[More details](#)



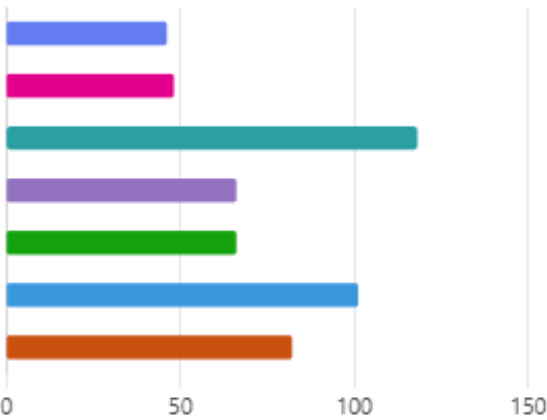
Fall 2024

- Occupancy: 788 students
- Response total: 175- as of 12/4/2024 the survey is still collecting responses
- Response rate: 22%

Summary of Responses AOD Related

49. What are the ideal days of the week for programs and events? (We'll ask time in the next questions). When are you most likely to take advantage of programs? [More details](#)

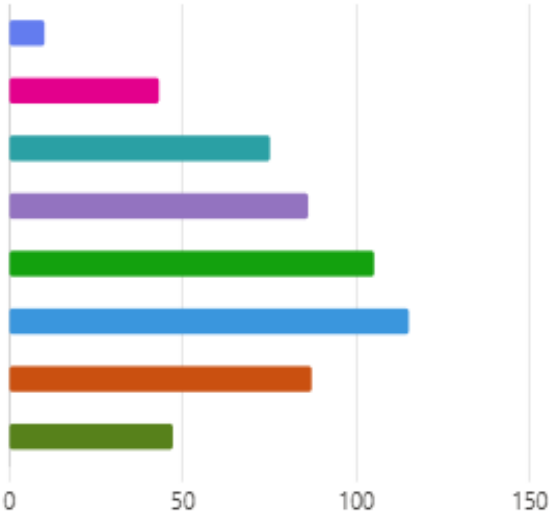
Monday	46
Tuesday	48
Friday	118
Wednesday	66
Thursday	66
Saturday	101
Sunday	82



51. What are the ideal times for programs and events on WEEKENDS?

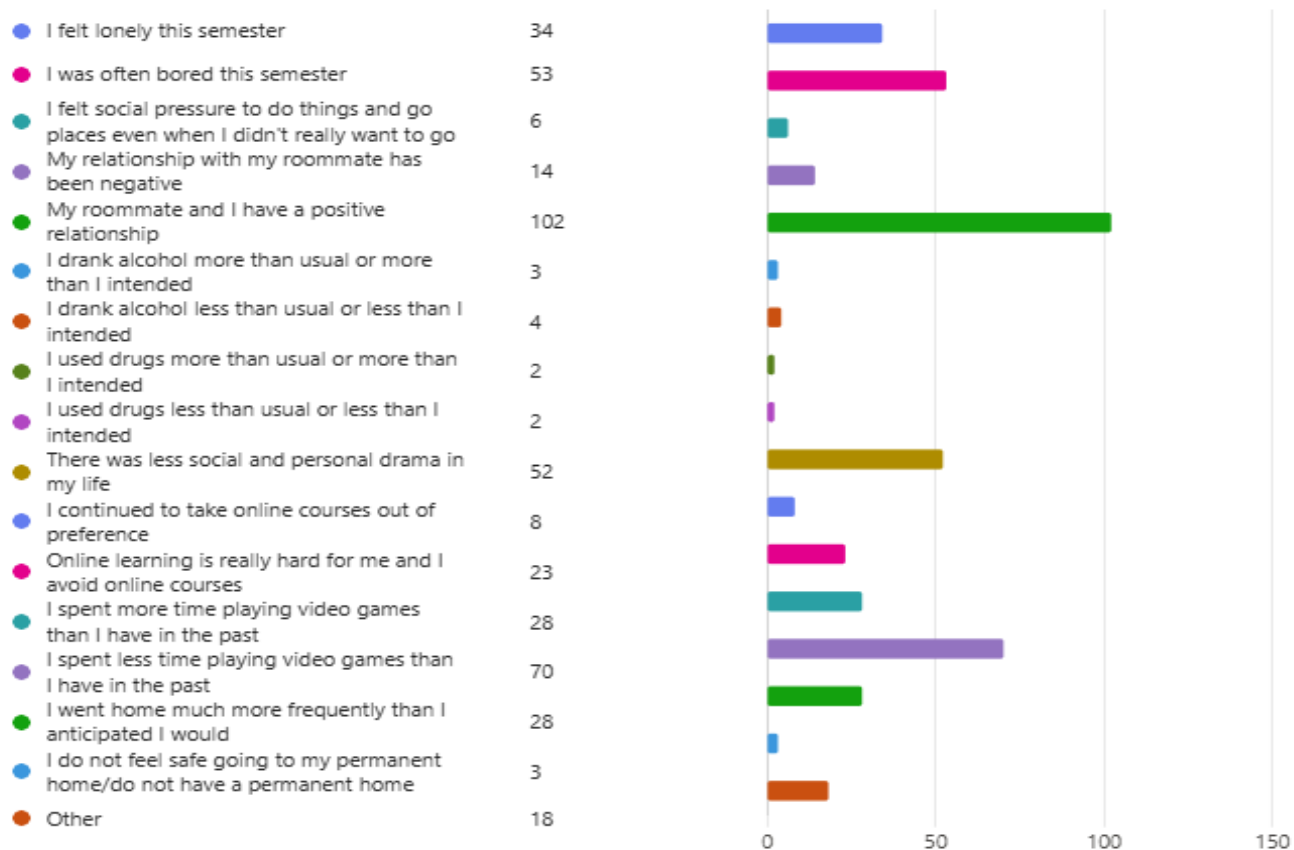
[More details](#)

8am to noon	10
noon to 1pm	43
1pm to 4pm	75
4pm to 6pm	86
6pm to 8pm	105
8pm to 10pm	115
10:00pm to midnight	87
midnight to 2am	47



58. Your Residential Experience - a little about you

[More details](#)



3rd Millennial Classrooms eCHECKUPTOGO

Alcohol and Cannabis Program

Required as a mandatory prevention program for all First Year Students and a graded Academic Assignment for First Year Seminar (FYS 101). Program was also utilized for alcohol and/or cannabis judicial conduct cases requiring an educational sanction.

The eCHECKUPTOGO Alcohol program has been named a highly effective alcohol intervention in the CollegeAIM guide by the National Institute on Alcohol Abuse and Alcoholism (NIAAA).

<https://www.collegedrinkingprevention.gov/collegeaim>

The program includes personalized feedback and takes only 20 to 30 minutes to complete. The cannabis program motivates students to reduce their level of cannabis use. The Alcohol and Cannabis programs are brief, confidential, and flexible in their use. As a personalized feedback intervention, they can be used repeatedly as students' substance use changes as does their perceptions, values, and normative comparisons. The program has been shown to be effective both at the prevention level (e.g. all incoming students, targets toward some higher risk groups, as part of a screening day etc.) and also as an intervention (e.g. integrated in a health visit, in response to an alcohol incident or policy violation, in a counseling session).

Between Dec 27, 2023 and Dec 27, 2024, 449 people have completed the alcohol program. Between Dec 27, 2023 and Dec 27, 2024, 370 people have completed the Cannabis program. The data collected from the reports will be reviewed by the AOD Prevention Task Force to make recommendations for the next academic year.

Between Dec 27, 2023 and Dec 27, 2024, 449 people have completed the program. Together they have created 452 entries.

Sex

Male:	70% (316)
Female:	28% (127)
Non-binary:	1% (6)



Are you a student athlete?

Yes:	14% (66)
No:	85% (383)



Student Affiliation

SUNY Polytechnic Institute Student:	99% (446)
High School Student:	0% (2)
Non-Student:	0% (1)



Are you currently taking prescription medications?

Yes:	31% (139)
No:	69% (310)



Year Level

Freshman:	72% (326)
Sophomore:	5% (25)
Junior:	21% (94)
Senior:	0% (1)
Graduate:	0% (2)



Do you currently live on-campus / in-residence?

Yes:	61% (277)
No:	38% (172)



Are you a member of a fraternity/sorority?

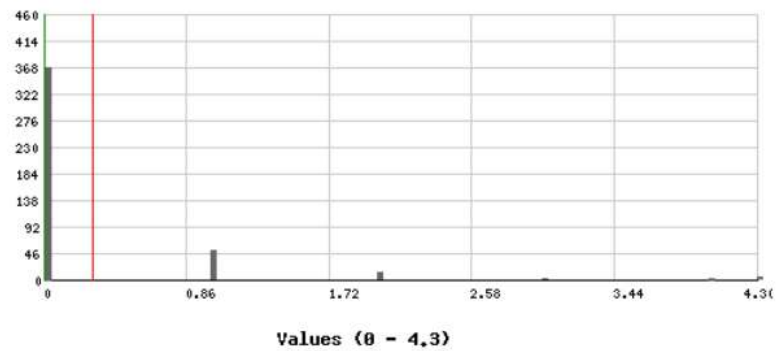
No:	100% (449)
-----	------------



Usage Statistics (Selected Variables)

Number of weeks in a typical month the participant reported drinking

Max: 4.3
Range: 4.3
Mode: 0
Median: 0
Mean (Average): 0.3
Standard Deviation: 30.7



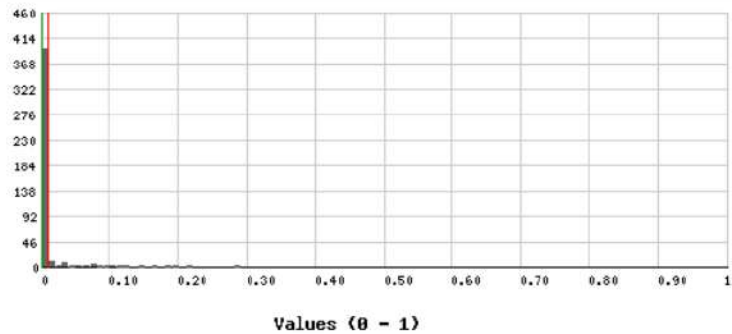
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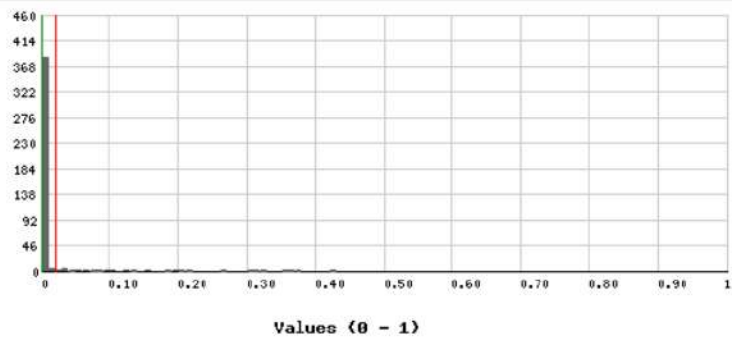
Highest calculated BAC reported during the "typical drinking week"

N: 452
Min: 0
Max: 0.28
Range: 0.28
Mode: 0
Median: 0
Mean (Average): 0.01
Standard Deviation: 6.9



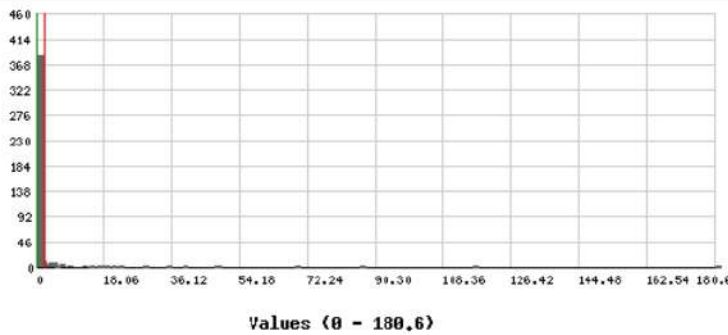
Highest calculated BAC including during the "typical drinking week" and the "heaviest drinking episode"

N: 452
Min: 0
Max: 0.42
Range: 0.42
Mode: 0
Median: 0
Mean (Average): 0.02
Standard Deviation: 9.3



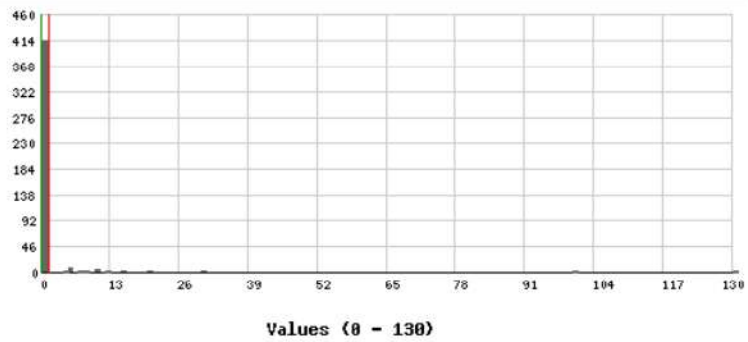
Drinks imbibed in a typical month

N: 452
Min: 0
Max: 180.6
Range: 180.6
Mode: 0
Median: 0
Mean (Average): 2.15
Standard Deviation: 177.1



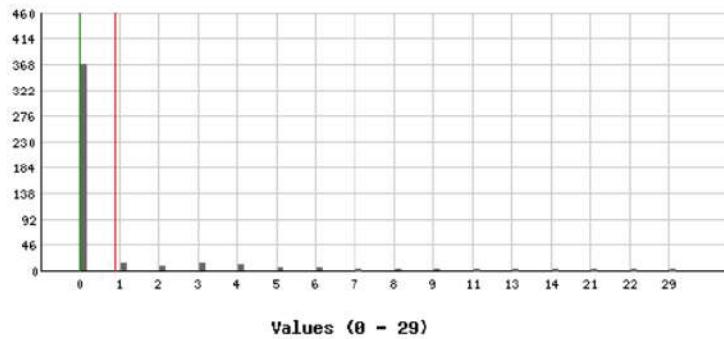
Amount of money spent on alcoholic beverages in one week

N: 452
Min: 0
Max: 130
Range: 130
Mode: 0
Median: 0
Mean (Average): 1.42
Standard Deviation: 152.1



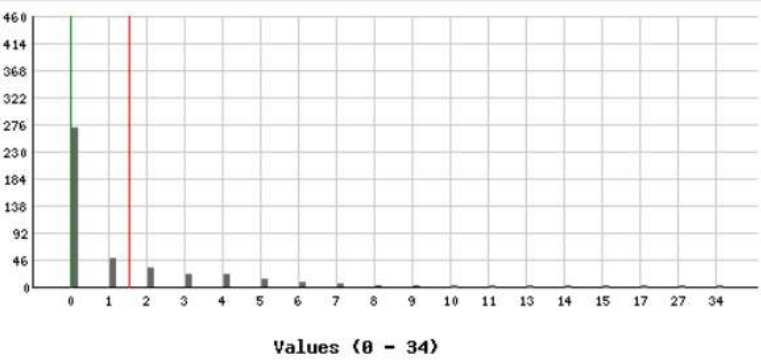
Negative Consequences Score (AUDIT Score)

N: 452
Min: 0
Max: 29
Range: 29
Mode: 0
Median: 0
Mean (Average): 0.87
Standard Deviation: 62.3



Family Risk Scale Score

N: 452
Min: 0
Max: 34
Range: 34
Mode: 0
Median: 0
Mean (Average): 1.56
Standard Deviation: 55.4



Number of times user reported driving after drinking

N: 452
Min: 0
Max: 2
Range: 2
Mode: 0
Median: 0
Mean (Average): 0
Standard Deviation: 30



Values (0 - 2)

Number of times user reported driving with a friend after the friend had been drinking

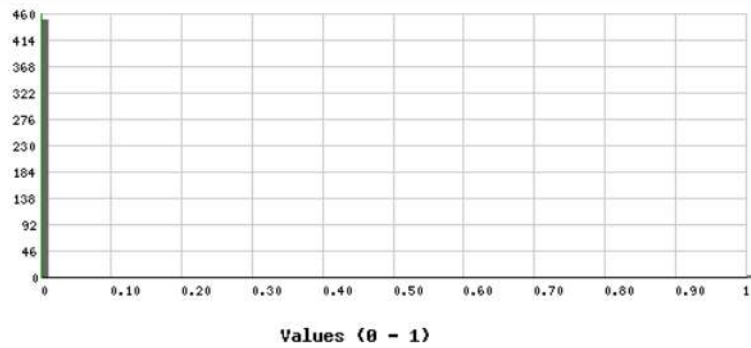
N: 452
Min: 0
Max: 4
Range: 4
Mode: 0
Median: 0
Mean (Average): 0.02
Standard Deviation: 34.4



Values (0 - 4)

Cigarettes smoked per day

N: 452
Min: 0
Max: 1
Range: 1
Mode: 0
Median: 0
Mean (Average): 0
Standard Deviation: 21.2



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Between Dec 27, 2023 and Dec 27, 2024, 370 people have completed the program. Together they have created 374 entries.

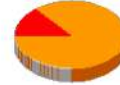
Sex

Male:	71% (257)
Female:	28% (105)



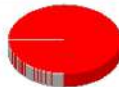
Are you a student athlete?

Yes:	14% (53)
No:	85% (317)



Student Affiliation

SUNY Polytechnic Institute Student:	99% (368)
High School Student:	0% (1)
Non-Student:	0% (1)



Are you currently taking prescription medications?

Yes:	30% (112)
No:	69% (258)



Do you currently live on-campus / in-residence?

Yes:	62% (232)
No:	37% (138)



Year Level

Freshman:	75% (277)
Sophomore:	4% (18)
Junior:	19% (70)
Senior:	0% (1)



Are you a member of a fraternity/sorority?

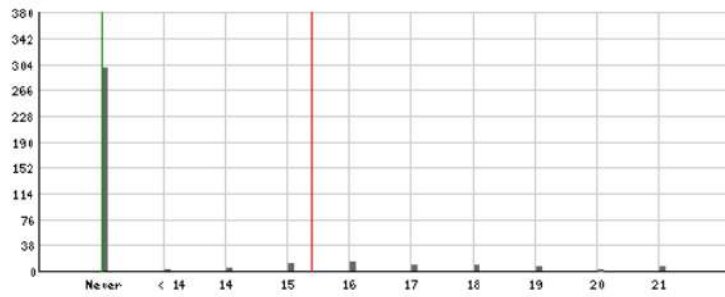
■ No: 100% (370)



Usage Statistics (Selected Variables)

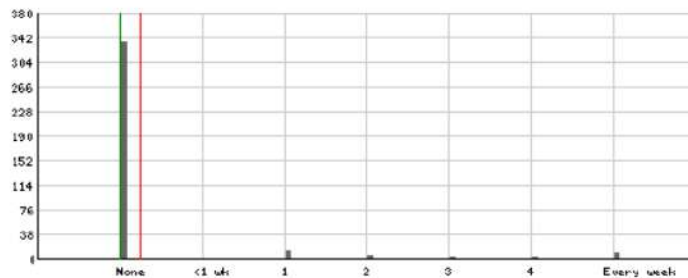
Age first started using marijuana

N: 374
Min: never
Max: 21
Range: 21
Mode: never
Median: 0
Mean (Average): 3.34
Standard Deviation: 71.9



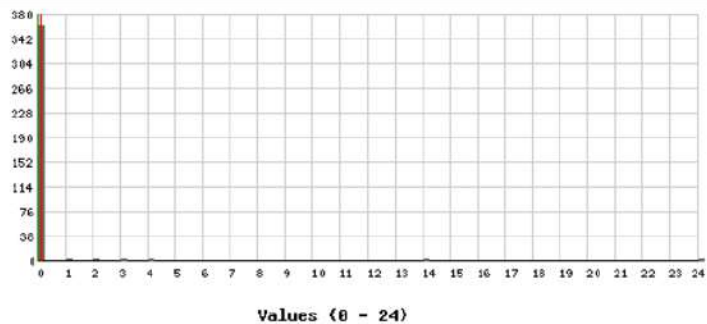
Weeks in a month using marijuana

N: 374
Min: 0
Max: 4.3
Range: 4.3
Mode: 0
Median: 0
Mean (Average): 0.25
Standard Deviation: 34



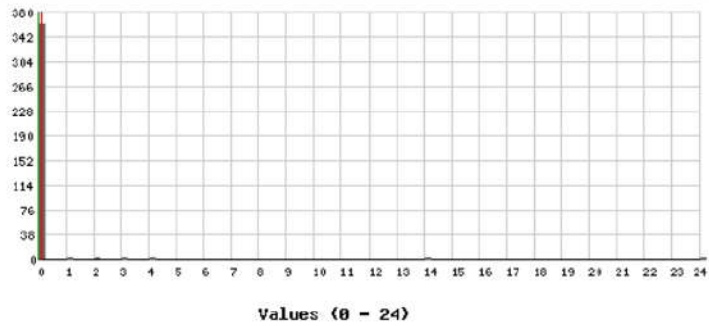
Hours spent under the influence Monday

N: 374
Min: 0
Max: 24
Range: 24
Mode: 0
Median: 0
Mean (Average): 0.14
Standard Deviation: 74.6



Hours spent under the influence Tuesday

N: 374
Min: 0
Max: 24
Range: 24
Mode: 0
Median: 0
Mean (Average): 0.15
Standard Deviation: 73.6



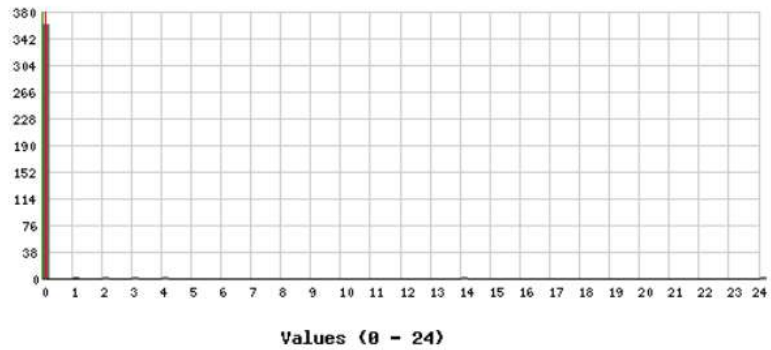
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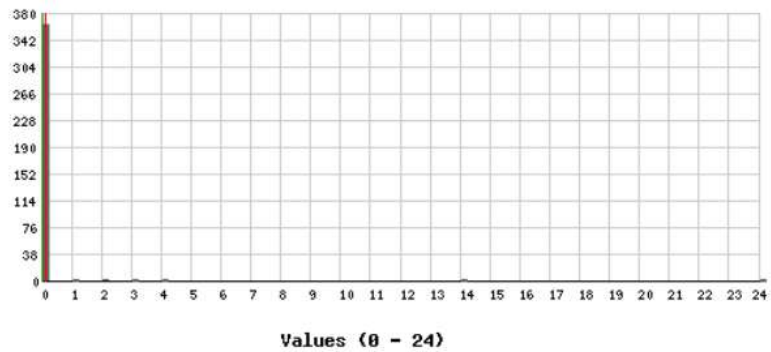
Hours spent under the influence Wednesday

N: 374
 Min: 0
 Max: 24
 Range: 24
 Mode: 0
 Median: 0
 Mean (Average): 0.15
 Standard Deviation: 74.2



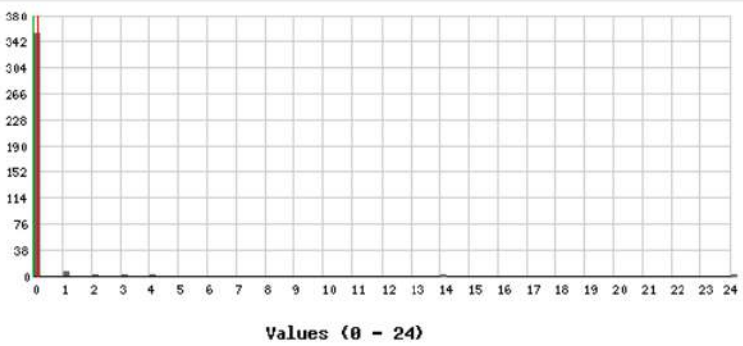
Hours spent under the influence Thursday

N: 374
 Min: 0
 Max: 24
 Range: 24
 Mode: 0
 Median: 0
 Mean (Average): 0.14
 Standard Deviation: 75.3



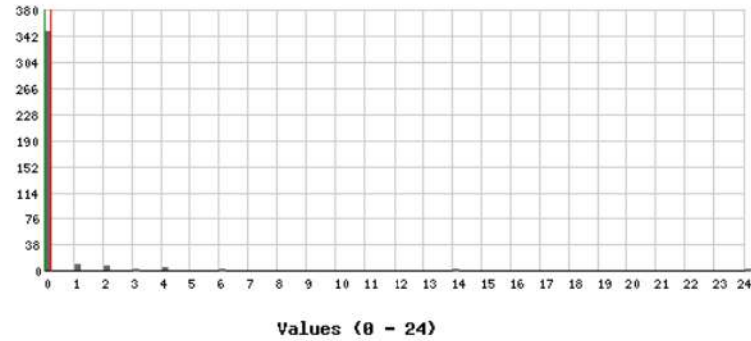
Hours spent under the influence Friday

N: 374
Min: 0
Max: 24
Range: 24
Mode: 0
Median: 0
Mean (Average): 0.2
Standard Deviation: 65.5



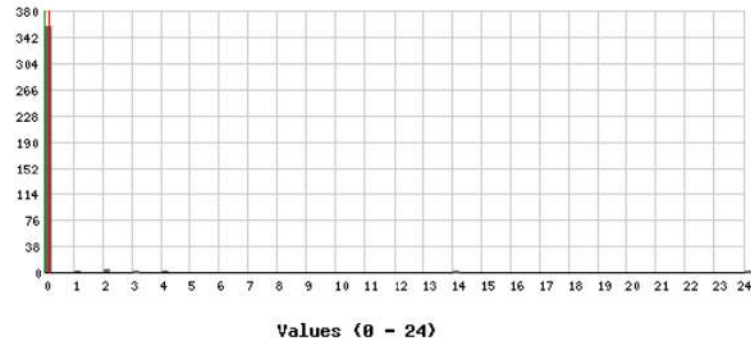
Hours spent under the influence Saturday

N: 374
 Min: 0
 Max: 24
 Range: 24
 Mode: 0
 Median: 0
 Mean (Average): 0.24
 Standard Deviation: 61.6



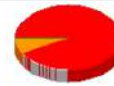
Hours spent under the influence Sunday

N: 374
 Min: 0
 Max: 24
 Range: 24
 Mode: 0
 Median: 0
 Mean (Average): 0.19
 Standard Deviation: 67.1



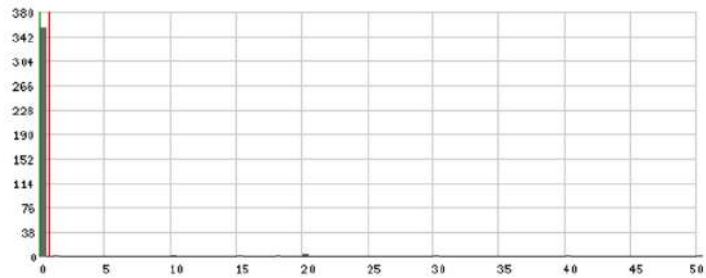
How often user mixes marijuana and alcohol

■ Never: 92% (344)
■ Sometimes: 7% (28)
■ Often: 0% (2)



Amount of money spent on marijuana in one week

Max: 50
Range: 50
Mode: 0
Median: 0
Mean (Average): 0.79
Standard Deviation: 99.1



Values (0 - 50)

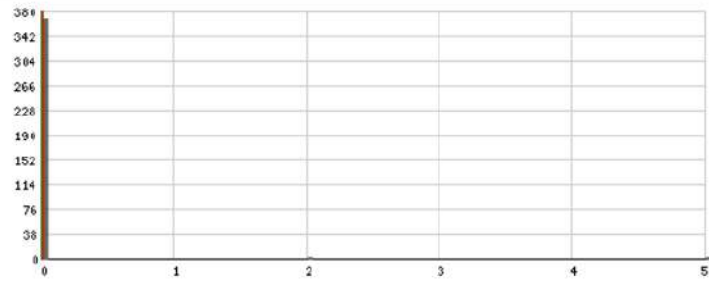
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Number of drinks on typical Monday

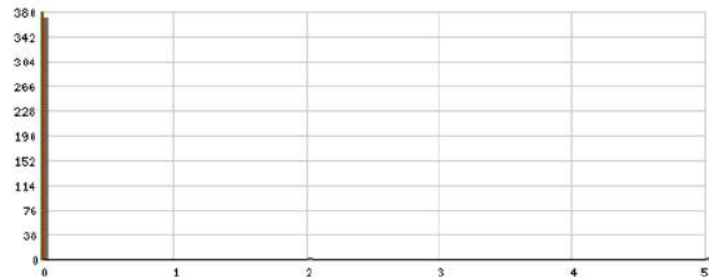
Max: 5
Range: 5
Mode: 0
Median: 0
Mean (Average): 0.02
Standard Deviation: 36.9



Values (0 - 5)

Number of drinks on typical Tuesday

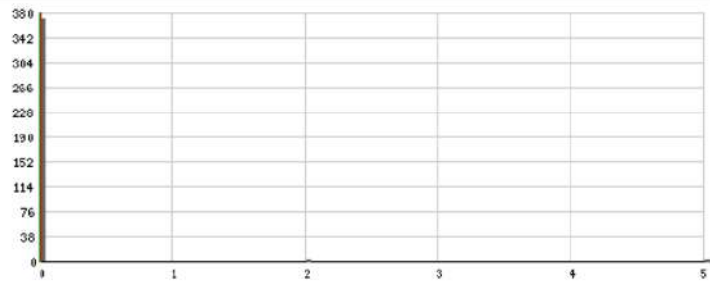
N: 374
Min: 0
Max: 5
Range: 5
Mode: 0
Median: 0
Mean (Average): 0.02
Standard Deviation: 39.3



Values (0 - 5)

Number of drinks on typical Wednesday

N: 374
Min: 0
Max: 5
Range: 5
Mode: 0
Median: 0
Mean (Average): 0.02
Standard Deviation: 39.3



Values (0 - 5)

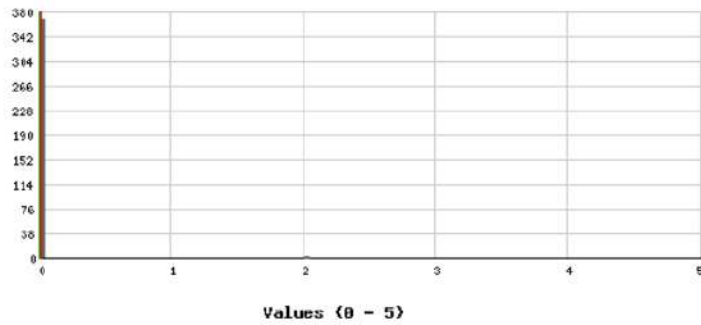
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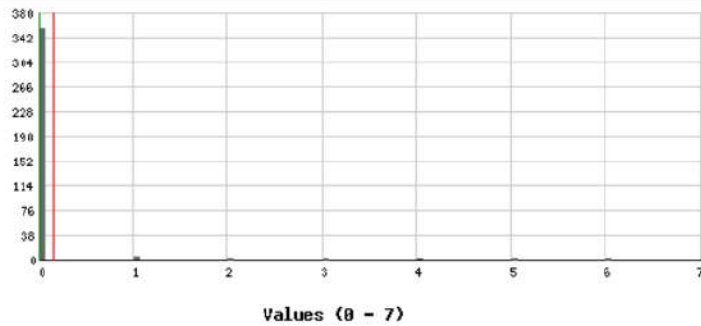
Number of drinks on typical Thursday

N: 374
 Min: 0
 Max: 5
 Range: 5
 Mode: 0
 Median: 0
 Mean (Average): 0.02
 Standard Deviation: 36.9



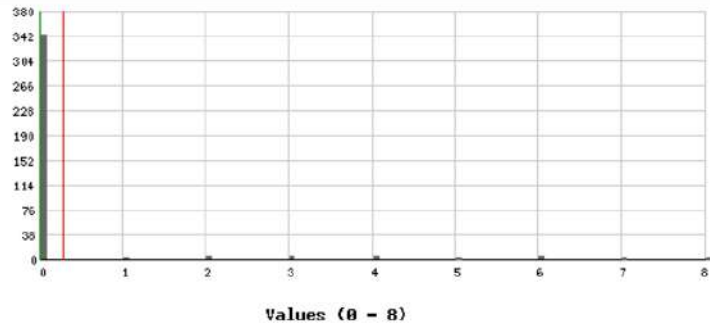
Number of drinks on typical Friday

N: 374
 Min: 0
 Max: 7
 Range: 7
 Mode: 0
 Median: 0
 Mean (Average): 0.16
 Standard Deviation: 40



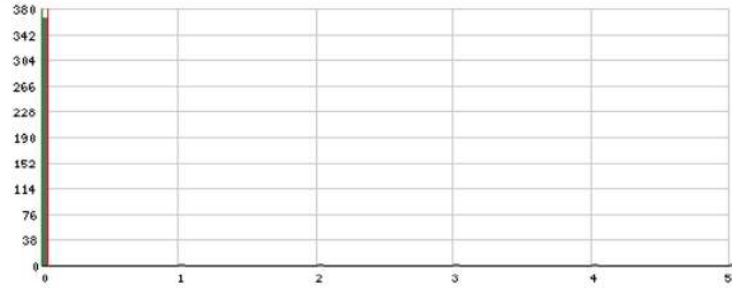
Number of drinks on typical Saturday

N: 374
 Min: 0
 Max: 8
 Range: 8
 Mode: 0
 Median: 0
 Mean (Average): 0.29
 Standard Deviation: 41.5



Number of drinks on typical Sunday

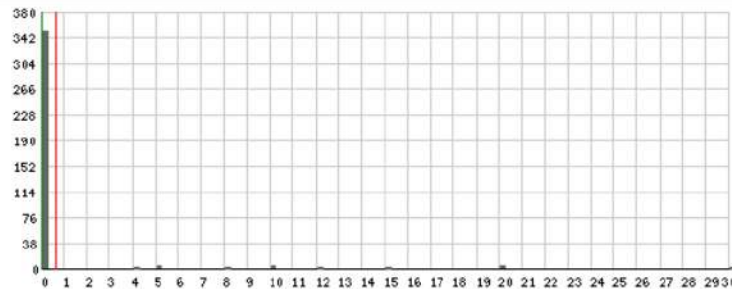
N: 374
Min: 0
Max: 5
Range: 5
Mode: 0
Median: 0
Mean (Average): 0.05
Standard Deviation: 37.1



Values (0 - 5)

Amount of money spent on alcoholic beverages in one week

N: 374
Min: 0
Max: 30
Range: 30
Mode: 0
Median: 0
Mean (Average): 0.7
Standard Deviation: 75.1



Values (0 - 30)

Alcohol Expectancies Summary

Respondents were asked: "**What are the "good things" or benefits you expect from drinking alcohol?**"

This chart shows the percentage of respondents who endorsed each item (any response greater than 0). The most frequently endorsed items are highlighted in green. The least frequently endorsed items are highlighted in red.

By Sex

#	Descrip	Males	Females
1	Alcohol helps me reduce stress	17%	7%
2	Alcohol helps me relax	19%	13%
3	I feel more confident	24%	19%
4	I feel less lonely	11%	6%
5	I feel more comfortable talking to people	24%	21%
6	Alcohol relieves my boredom	12%	10%
7	Alcohol helps me feel like I belong and I am a part of the group	8%	7%
8	I have fun with friends	31%	26%
9	Alcohol helps me cope with strong feelings like depression, anxiety, guilt and anger	7%	3%
10	I stop thinking about problems or conflicts that bother me	13%	8%
11	Alcohol helps me sleep	8%	6%
12	I feel more attractive and sexy	5%	6%
13	I feel more spontaneous	16%	19%
14	Drinking is now just a habit for me	2%	0%
15	Alcohol helps me express my feelings more openly	14%	8%
16	I feel more energetic	9%	10%

17	I feel more courageous	16%	16%
18	Alcohol helps me feel less nervous or afraid	17%	16%

By Level

#	Descrip	1 st Year	Soph	Jun	Sen	Grad	N A
1	Alcohol helps me reduce stress	11%	12%	26%	0%	0%	0%
2	Alcohol helps me relax	13%	12%	34%	0%	0%	0%
3	I feel more confident	19%	24%	37%	0%	0%	0%
4	I feel less lonely	8%	8%	13%	0%	0%	0%
5	I feel more comfortable talking to people	20%	16%	36%	100%	0%	0%
6	Alcohol relieves my boredom	11%	12%	14%	0%	0%	0%
7	Alcohol helps me feel like I belong and I am a part of the group	7%	12%	10%	100%	0%	0%
8	I have fun with friends	27%	24%	41%	0%	0%	0%
9	Alcohol helps me cope with strong feelings like depression, anxiety, guilt and anger	4%	12%	10%	0%	0%	0%
10	I stop thinking about problems or conflicts that bother me	10%	16%	18%	0%	0%	0%
11	Alcohol helps me sleep	6%	8%	14%	0%	0%	0%

12	I feel more attractive and sexy	4%	16%	7%	0%	0%	0%
13	I feel more spontaneous	16%	20%	23%	0%	0%	0%
14	Drinking is now just a habit for me	0%	8%	4%	0%	0%	0%
15	Alcohol helps me express my feelings more openly	10%	16%	21%	0%	0%	0%
16	I feel more energetic	7%	12%	18%	0%	0%	0%
17	I feel more courageous	15%	16%	21%	0%	0%	0%
18	Alcohol helps me feel less nervous or afraid	14%	16%	27%	0%	0%	0%

Alcohol Negative Consequences Summary

Respondents were asked: "**Below is a list of some “not-so-good things” that people sometimes associate with alcohol. Please indicate how often these apply to you.**"

This chart shows the percentage of respondents who endorsed each item (any response greater than 0). The most frequently endorsed items are highlighted in green. The least frequently endorsed items are highlighted in red.

By Sex

#	Descrip	Males	Females
1	Had six drinks or more on one occasion	11%	10%

2	Found that you were not able to stop drinking once you had started	1%	1%
3	Failed to do what was normally expected from you	1%	1%
4	Needed a first drink in the morning	0%	1%
5	Had a feeling of guilt or remorse after drinking	3%	3%
6	Been unable to remember what happened the night before	3%	6%
7	Been injured as a result of your drinking	1%	0%
8	Relative or friend or a doctor or other health worker has been concerned about your drinking or suggested you cut down	1%	0%
9	Had a hangover or felt sick	9%	9%
10	Had difficulty sleeping	2%	3%
11	Felt tired groggy or unmotivated	7%	5%
12	Done poorly on a test or school project	0%	0%
13	Procrastinated or not gotten things done	2%	2%
14	Gone to class under the influence of alcohol	0%	0%
15	Gone to work under the influence of alcohol	0%	0%
16	Missed classes	0%	0%
17	Missed work	0%	0%
18	Driven a car under the influence of alcohol	0%	0%
19	Gotten into trouble with the police campus security or authorities	0%	0%
20	Used alcohol to avoid problems	2%	1%
21	Used more alcohol than you had planned	3%	6%
22	Disappointed or hurt someone	1%	3%
23	Done things you later regretted	3%	1%
24	Felt bad about yourself	3%	1%
25	Spent more money than you had planned	1%	1%
26	Had problems with your significant other	1%	2%

27	Had problems with your friends or family	0%	0%
28	Gotten into a fight or argument	0%	2%
29	Passed out	1%	1%

By Level

#	Descrip	1 st Year	Soph	Jun	Sen	Grad	N A
1	Had six drinks or more on one occasion	8%	4%	22%	0%	0%	0%
2	Found that you were not able to stop drinking once you had started	1%	0%	4%	0%	0%	0%
3	Failed to do what was normally expected from you	0%	0%	4%	0%	0%	0%
4	Needed a first drink in the morning	0%	0%	1%	0%	0%	0%
5	Had a feeling of guilt or remorse after drinking	1%	4%	9%	0%	0%	0%
6	Been unable to remember what happened the night before	3%	8%	6%	0%	0%	0%
7	Been injured as a result of your drinking	0%	0%	3%	0%	0%	0%
8	Relative or friend or a doctor or other health worker has been concerned about your drinking or	1%	0%	2%	0%	0%	0%

	suggested you cut down						
9	Had a hangover or felt sick	6%	8%	17%	0%	0%	0%
10	Had difficulty sleeping	2%	0%	6%	0%	0%	0%
11	Felt tired groggy or unmotivated	4%	4%	15%	0%	0%	0%
12	Done poorly on a test or school project	0%	0%	2%	0%	0%	0%
13	Procrastinated or not gotten things done	1%	0%	4%	0%	0%	0%
14	Gone to class under the influence of alcohol	0%	0%	0%	0%	0%	0%
15	Gone to work under the influence of alcohol	0%	0%	1%	0%	0%	0%
16	Missed classes	0%	0%	2%	0%	0%	0%
17	Missed work	0%	0%	1%	0%	0%	0%
18	Driven a car under the influence of alcohol	0%	0%	2%	0%	0%	0%
19	Gotten into trouble with the police campus security or authorities	0%	4%	1%	0%	0%	0%
20	Used alcohol to avoid problems	1%	0%	6%	0%	0%	0%
21	Used more alcohol than you had planned	3%	4%	9%	0%	0%	0%
22	Disappointed or hurt someone	1%	4%	3%	0%	0%	0%

23	Done things you later regretted	1%	4%	7%	0%	0%	0%
24	Felt bad about yourself	0%	4%	9%	0%	0%	0%
25	Spent more money than you had planned	0%	0%	6%	0%	0%	0%
26	Had problems with your significant other	1%	4%	3%	0%	0%	0%
27	Had problems with your friends or family	0%	0%	1%	0%	0%	0%
28	Gotten into a fight or argument	0%	4%	3%	0%	0%	0%
29	Passed out	0%	0%	4%	0%	0%	0%

Alcohol First Steps for Change Summary

Respondents were asked: "If you were going to make a change in your alcohol use, how would you go about it?"

This chart shows the percentage of respondents who endorsed each item (any response greater than 0). The most frequently endorsed items are highlighted in green. The least frequently endorsed items are highlighted in red.

By Sex

#	Descrip	Males	Females
1	Avoid drinking games	71%	72%
2	Space my drinks over time	72%	78%
3	Alternate alcoholic and non-alcoholic drinks	69%	72%

4	Set a limit on the number of alcoholic drinks before I start drinking	72%	75%
5	Tell someone about my plan to change my drinking	63%	72%
6	Volunteer to be the sober driver	71%	74%
7	Keep track of how many drinks I have had; pay attention to serving sizes.	74%	79%
8	Have a plan for saying no when I am offered alcohol	74%	79%
9	Decide which days I will not drink alcohol	72%	71%
10	Arrive at the party late and leave early	57%	64%
11	Spend time with friends who don't drink alcohol	74%	77%
12	Set a limit on the amount of money I will spend when I go out and leave my ATM card at home	70%	75%
13	Avoid situations where alcohol is present or I am likely to drink / Identify alternative social activities instead of partying	70%	73%
14	Only drink at the party, skip the pre-party	64%	65%
15	Avoid shots/hard liquor	72%	76%
16	Drink slowly; sip my drinks	69%	75%
17	Hold a drink/cup instead of consuming alcohol	68%	77%
18	Avoid mixing energy drinks/caffeinated drinks and alcohol	75%	78%

By Level

#	Descrip	Fres hma n	Sopho more	Ju ni or	Se ni or	Gra duat e	N A
1	Avoid drinking games	71%	76%	72%	100%	100%	0%
2	Space my drinks over time	71%	84%	81%	100%	100%	0%

3	Alternate alcoholic and non-alcoholic drinks	68%	80%	75%	100%	100%	0%
4	Set a limit on the number of alcoholic drinks before I start drinking	70%	76%	80%	100%	100%	0%
5	Tell someone about my plan to change my drinking	65%	64%	69%	100%	50%	0%
6	Volunteer to be the sober driver	71%	84%	74%	100%	100%	0%
7	Keep track of how many drinks I have had; pay attention to serving sizes.	73%	80%	80%	100%	100%	0%
8	Have a plan for saying no when I am offered alcohol	74%	84%	79%	100%	100%	0%
9	Decide which days I will not drink alcohol	70%	68%	78%	100%	100%	0%
10	Arrive at the party late and leave early	58%	68%	59%	100%	100%	0%
11	Spend time with friends who don't drink alcohol	72%	84%	81%	100%	100%	0%
12	Set a limit on the amount of money I will spend when I go out and leave my ATM card at home	69%	80%	80%	100%	100%	0%
13	Avoid situations where alcohol is present or I am likely to drink /	70%	76%	74%	100%	100%	0%

	Identify alternative social activities instead of partying						
14	Only drink at the party, skip the pre-party	62%	76%	70%	100%	100%	0%
15	Avoid shots/hard liquor	72%	76%	75%	100%	100%	0%
16	Drink slowly; sip my drinks	68%	80%	76%	100%	100%	0%
17	Hold a drink/cup instead of consuming alcohol	70%	80%	72%	100%	100%	0%
18	Avoid mixing energy drinks/cafeinated drinks and alcohol	73%	84%	85%	100%	100%	0%

Cannabis Expectancies Summary

Respondents were asked: **"What are the "good things" or benefits you expect from using cannabis?"**

This chart shows the percentage of respondents who endorsed each item (any response greater than 0). The most frequently endorsed items are highlighted in green. The least frequently endorsed items are highlighted in red.

By Sex

#	Descrip	Males	Females
1	Cannabis helps me reduce stress	26%	23%
2	Cannabis helps me relax	28%	24%
3	I feel more confident	10%	5%
4	I feel less lonely	6%	7%

5	I feel more comfortable talking to people	13%	11%
6	Cannabis relieves my boredom	17%	11%
7	Cannabis helps me feel like I belong and I am a part of the group	9%	10%
8	Have fun and be with friends who use Cannabis	20%	16%
9	Cannabis helps me cope with strong feelings like depression, anxiety, guilt and anger	13%	13%
10	I stop thinking about problems or conflicts that bother me	16%	15%
11	I feel creative and have interesting ideas	16%	15%
12	Cannabis helps me sleep	18%	19%
13	I feel more attractive and sexy	3%	4%
14	I feel more spontaneous	8%	7%
15	Using Cannabis is now just a habit for me	3%	4%
16	Cannabis helps me express my feelings more openly	9%	11%
17	I feel more energetic	5%	6%
18	I feel more courageous	6%	7%
19	Cannabis helps me feel less nervous or afraid	13%	13%

By Level

#	Descrip	1 st Year	Soph	Jun	Sen	G r a d	N A
1	Cannabis helps me reduce stress	22%	21%	35%	100%	0%	0%
2	Cannabis helps me relax	25%	21%	38%	100%	0%	0%
3	I feel more confident	9%	15%	7%	0%	0%	0%

4	I feel less lonely	7%	5%	5%	0%	0%	0%
5	I feel more comfortable talking to people	12%	15%	14%	0%	0%	0%
6	Cannabis relieves my boredom	15%	15%	18%	0%	0%	0%
7	Cannabis helps me feel like I belong and I am a part of the group	8%	15%	10%	100%	0%	0%
8	Have fun and be with friends who use Cannabis	18%	21%	20%	100%	0%	0%
9	Cannabis helps me cope with strong feelings like depression, anxiety, guilt and anger	13%	15%	14%	0%	0%	0%
10	I stop thinking about problems or conflicts that bother me	14%	21%	18%	100%	0%	0%
11	I feel creative and have interesting ideas	15%	10%	20%	100%	0%	0%
12	Cannabis helps me sleep	15%	21%	31%	100%	0%	0%
13	I feel more attractive and sexy	3%	10%	1%	0%	0%	0%
14	I feel more spontaneous	8%	10%	10%	0%	0%	0%

15	Using Cannabis is now just a habit for me	2%	10%	5%	0%	0%	0%
16	Cannabis helps me express my feelings more openly	8%	15%	14%	0%	0%	0%
17	I feel more energetic	4%	10%	8%	0%	0%	0%
18	I feel more courageous	6%	10%	7%	0%	0%	0%
19	Cannabis helps me feel less nervous or afraid	12%	21%	15%	100%	0%	0%

Cannabis Negative Consequences Summary

Respondents were asked: "**Below is a list of some “not-so-good things” that people sometimes associate with cannabis. Please indicate how often these apply to you.**"

This chart shows the percentage of respondents who endorsed each item (any response greater than 0). The most frequently endorsed items are highlighted in green. The least frequently endorsed items are highlighted in red.

By Sex

#	Descrip	Males	Females
1	Getting sick or feeling unhealthy	4%	5%
2	Coughing or breathing problems	3%	3%
3	Unhealthy eating	5%	7%
4	Trouble remembering things	5%	5%
5	Difficulty sleeping	3%	3%
6	Feeling tired, groggy, or unmotivated	4%	7%

7	Doing poorly on a test or school project	2%	4%
8	Procrastinating or not getting things done	4%	6%
9	Going to class under the influence of marijuana	1%	0%
10	Going to work under the influence of marijuana	1%	2%
11	Missing classes	2%	0%
12	Missing work	0%	0%
13	Driving a car under the influence of marijuana	0%	0%
14	Getting in trouble with the police, campus security or authorities	1%	0%
15	Not dealing with my problems	2%	3%
16	Using more marijuana than I had planned	3%	6%
17	Doing things I later regretted	2%	4%
18	Feeling bad about myself	3%	4%
19	Spending more money than I had planned, financial problems	3%	4%
20	Problems between my boyfriend/girlfriend and me	2%	3%
21	Problems between my friends or family and me	1%	3%
22	Feeling too introverted and all in my head	5%	4%
23	Not wanting to socialize or talk to people	4%	5%
24	Disappointing or hurting someone	1%	3%
25	Having paranoid or troublesome thoughts	4%	5%

By Level

#	Descrip	1 st Year	Soph	Jun	Sen	Grad	NA
1	Getting sick or feeling unhealthy	3%	0%	14%	0%	0%	0%

2	Coughing or breathing problems	2%	0%	11%	0%	0%	0%
3	Unhealthy eating	3%	0%	18%	0%	0%	0%
4	Trouble remembering things	3%	0%	17%	0%	0%	0%
5	Difficulty sleeping	1%	0%	14%	0%	0%	0%
6	Feeling tired, groggy, or unmotivated	3%	0%	15%	0%	0%	0%
7	Doing poorly on a test or school project	1%	0%	11%	0%	0%	0%
8	Procrastinating or not getting things done	3%	0%	15%	0%	0%	0%
9	Going to class under the influence of marijuana	1%	0%	2%	0%	0%	0%
10	Going to work under the influence of marijuana	1%	0%	2%	0%	0%	0%
11	Missing classes	1%	0%	7%	0%	0%	0%
12	Missing work	0%	0%	0%	0%	0%	0%
13	Driving a car under the influence of marijuana	0%	0%	2%	0%	0%	0%
14	Getting in trouble with the police, campus security or authorities	0%	0%	2%	0%	0%	0%

15	Not dealing with my problems	1%	0%	8%	0%	0%	0%
16	Using more marijuana than I had planned	3%	0%	12%	0%	0%	0%
17	Doing things I later regretted	2%	0%	8%	0%	0%	0%
18	Feeling bad about myself	2%	0%	12%	0%	0%	0%
19	Spending more money than I had planned, financial problems	2%	0%	10%	0%	0%	0%
20	Problems between my boyfriend/girlfriend and me	1%	0%	11%	0%	0%	0%
21	Problems between my friends or family and me	2%	0%	4%	0%	0%	0%
22	Feeling too introverted and all in my head	2%	0%	18%	0%	0%	0%
23	Not wanting to socialize or talk to people	2%	0%	17%	0%	0%	0%
24	Disappointing or hurting someone	2%	0%	5%	0%	0%	0%
25	Having paranoid or troublesome thoughts	3%	0%	15%	0%	0%	0%

Cannabis First Steps for Change Summary

Respondents were asked: **"If you were going to make a change in your cannabis use, how would you go about it?"**

This chart shows the percentage of respondents who endorsed each item (any response greater than 0). The most frequently endorsed items are highlighted in green. The least frequently endorsed items are highlighted in red.

By Sex

#	Descrip	Males	Females
1	Set a limit on the amount of Cannabis I use	70%	80%
2	Keep a record of my Cannabis use	65%	72%
3	Spend time with friends who don't use Cannabis	72%	80%
4	Tell someone about my plan to change my use	64%	78%
5	Not buy Cannabis	73%	83%
6	Avoid situations where Cannabis is present or I am likely to use	69%	82%
7	Have a plan for saying no when I am offered Cannabis	74%	83%
8	Plan alternate activities during times when it might be difficult not to use	69%	81%
9	Put paraphernalia out of sight when I am not using it	68%	78%
10	When I go out, only take the cash I will need for the evening, and leave my ATM card at home	65%	77%
11	Create a list of things I can do when I'm bored	70%	81%
12	Set limits on the day/time that I will use (e.g., only after 9pm on Saturday)	68%	79%
13	Start using later in the day (e.g., 9pm instead of 6pm)	64%	72%
14	Spend more time at the gym	75%	82%
15	Buy less Cannabis at a time	70%	82%

16	Decide which days I will not use	68%	76%
17	Arrive at the party late and leave early	59%	72%

By Level

#	Descrip	1 st Year	Soph	Jun	Sen	G r a d	N A
1	Set a limit on the amount of Cannabis I use	71%	78%	75%	100%	50%	0%
2	Keep a record of my Cannabis use	65%	73%	71%	100%	100%	0%
3	Spend time with friends who don't use Cannabis	74%	78%	74%	100%	100%	0%
4	Tell someone about my plan to change my use	67%	84%	67%	100%	100%	0%
5	Not buy Cannabis	75%	84%	75%	100%	100%	0%
6	Avoid situations where Cannabis is present or I am likely to use	73%	78%	71%	100%	100%	0%
7	Have a plan for saying no when I am offered Cannabis	76%	84%	78%	100%	100%	0%
8	Plan alternate activities during times when it might be difficult not to use	72%	84%	72%	100%	100%	0%

9	Put paraphernalia out of sight when I am not using it	71%	78%	71%	100%	50%	0%
10	When I go out, only take the cash I will need for the evening, and leave my ATM card at home	67%	73%	75%	100%	50%	0%
11	Create a list of things I can do when I'm bored	72%	78%	78%	100%	100%	0%
12	Set limits on the day/time that I will use (e.g., only after 9pm on Saturday)	70%	73%	77%	100%	50%	0%
13	Start using later in the day (e.g., 9pm instead of 6pm)	64%	78%	74%	100%	50%	0%
14	Spend more time at the gym	75%	78%	84%	100%	100%	0%
15	Buy less Cannabis at a time	72%	84%	77%	100%	50%	0%
16	Decide which days I will not use	70%	73%	72%	100%	50%	0%
17	Arrive at the party late and leave early	63%	73%	62%	100%	50%	0%

