

# MARCH TITLE IX ON THE 9TH

## BYSTANDER INTERVENTION

### What is Bystander Intervention?

Bystander Intervention is about noticing a problematic situation and making the decision to get involved. Bystander Intervention is a particularly valuable resource in the fight against violence and abuse. By noticing what's happening around them and speaking out when they see problematic behavior, active bystanders can send a clear message that violence and abuse will not be tolerated or overlooked.



**DISTRACT:** Distraction is an indirect behavior used to intervene.

Distraction involves taking attention away from the situation or the person causing harm. This distraction may give the person experiencing harm time to get away from the situation.



**DIRECT:** Call out the negative behavior.

Tell the person to stop or ask the victim if they are OK. Do this as a group if you can. Be polite. Don't aggravate the situation - remain calm and state why you are offended by their behavior.



**DELEGATE:** Delegating involves getting help from someone else.

Scan the situation to assess risk and decide how to intervene. If you are too embarrassed or shy to speak out, or you don't feel safe to do so, get someone else to step in.



**DELAY:** Delay leaving the scene.

After the situation is over, you should delay leaving until you've checked in with the person experiencing harm, so they know that they are valued and someone cares.

